

Minutes of Meeting

14th May 2008

Board Room, NHS Western Isles

Members Present

Ernie Garden	Chair	Alan Monks	Adult Services Manager
Isabel MacKenzie	Housing Strategy & Development Officer	Dr Elaine Anderson	Consultant Psychiatrist
Katie MacPherson	Alzheimer's Scotland	Catherine Mackenzie	Chair, Alzheimer's Scotland
Murdo Macleod	Public Health Department	Dr Jean Davis	Occupational Health Doctor
Elaine Campbell	Choose Life Co-ordinator	Mary Brenmer	Ward Manager, Clisham Ward
Anne Hutchison	Planning & Development Manager	Christine MacLennan	Lifestyle Centre Manager
Del Gunn	Manager Catch 23	Rebecca Mahoney	Penumbra Manager
Stuart MacLean	Penumbra Manager (Acting)	Neil Lawrie	CPN Team Leader, Lewis & Harris
Norrie MacRitchie	CPN Team Leader, Uist & Barra	Michael Cook	CHASCP General Manager
Dr Steven Welsh	Consultant Psychiatrist	Niall Shaw	Chair, WIAMH
Emelin Collier	Head of Planning & Development		

In attendance: Cathie Mackinnon, Tagsa Uibhist

1. APOLOGIES

Apologies were received from Karen Toovey, Cathy Ann Dunn, Norrie MacDonald and Alison Maclean.

2. APPROVAL OF MINUTES

The minutes of 16th April were approved by Dr Davis and seconded by Christine MacLennan.

3. MATTERS ARISING

3.1 Issue: Mental Health Nursing Review

Discussion:

Decision: Joan Tilley was not at the meeting therefore this item will be passed on to the next meeting.

3.2 Issue: STORM Training

Discussion: There is more STORM Training due to be held in June and July. It was agreed for the travel and subsistence to be taken out of the Mental Health Partnership budget.

Decision: Elaine Campbell to find out the dates and forward them on to Janet MacKenzie for circulation.

4. Action Points

Issue: Action Points

Discussion:

Decision: Isabel Mackenzie agreed to contact Sara Bartram and invite her to attend the partnership with regard to the Health & Homelessness Strategy.

5 Action Plans Feedback

Issue: Action Plans Feedback

Discussion:

Decision: There were no action plans for discussion.

6. Mental Health Implementation Review

Issue: Mental Health Implementation Review

Discussion: This was held on Tuesday 6th May 2008. With regard to Mental Health Benchmarking, Denise Coia has offered to come over and speak to us about it. She will be asked to attend the Mental Health Partnership meeting to discuss this. The Scottish Government are looking at what funding is being invested in Mental Health services. The Mental Health Review is every 6 months, the commitments in Delivering for Mental Health and the HEAT Targets are reviewed. The Scottish Government are very impressed with our local CAMHS service. They took on board our problems with the Choose Life funding, but they said there was nothing they could do about it. Whatever happens locally NHS Western Isles is still responsible for meeting the targets.

Decision:

7. JLIP Funding

Issue: Update on budget

Discussion: Michael Cook stated that in the 2007/2008 budget there was £146,000 and £34,000 was carried forward into the 2008/2009 budget. Most of the funding is committed. Carry over is being put forward for the Leadership Group. JLIP money is guaranteed for the next 3 years.

Decision:

Neil Lawrie left the meeting.

8. Choose Life - Suicide Prevention Training

Issue: Update on situation

Discussion: Ernie Garden read out a letter he received from the Convenor, which stated that the funding has increased to £20,000 and interim arrangements will continue to the 1st June 2008. John Turner is holding a meeting with Malcolm Burr tomorrow at 4.30pm to discuss this, Michael Cook has briefed John Turner on the current situation and has stated that he and Iain MacAulay would be happy to attend that meeting. Ernie Garden did ask the Convenor what they are doing with the surplus funding but did not get a response. The targets still need to be achieved and NHS Western Isles is responsible for meeting them. Emelin Collier has emailed John Turner and Marion Fordham informing them that they would have to find £70,000 to meet the targets.

The CHASCP do not see why it has been put into the CHASCP as it is a Public Health issue. Their view is that it should remain within the Public Health department. The Choose Life Project is more than just training, but it is the training

issue which the targets look at. They do not realise that more is being done with regard to suicide prevention locally.

Decision: Ernie Garden agreed to write back and ask what they are doing with the rest of the funding. WIAMH have agreed to keep the pressure on Comhairle nan Eilean Siar regarding this issue.

Del Gunn left the meeting.

9. ICPs

Issue: Update on progress

Discussion: Anne Hutchison stated that work is ongoing. Systems and data issues are being looked at by Alison MacDonald, Health Intelligence Analyst who has joined the group. The QIS ICP team are coming up on the 22nd May to see what is being done locally and if there is anything they can help with. On Thursday 5 June 2008 there will be a focus group meeting in Inverness which will be attended by Neil Lawrie and Anne Hutchison.

Decision:

10. Clisham Project - Leadership Programme

Issue: Update on programme

Discussion: The Leadership Programme are looking at Action Learning Sets and setting out the ground rules for the project. They have elected Murdo Macleod as Chair for the group and are constructing a written draft for the project. The Evidence, Audit and Research subgroup (EAR) are trying to identify some of the data which they need. They are setting up a network for accessing systems. The Physical Environment group (PET) are also looking at technology, they are looking at the Clisham Garden and the design of units to find the most effective ways of treating people. Service Improvement Targets Health (SITH) are looking at the health of older adults in the Western Isles. Each subgroup is working on their remit and will feed back to the meetings.

Decision:

11. Mentally Flourishing Scotland

Issue: Update on situation

Discussion: Emelin Collier gave a background on this issue. A small group have meet to look at holding stakeholder meetings and targeting specific groups to drive this agenda forward.

Decision:

12. Lewis St Proposal

Issue: Update on situation

Discussion: Dr McKinlay was not at the meeting therefore Isabel MacKenzie stated that there is a meeting scheduled in June to look at this. A potential site has been identified and this is in the development programme.

Decision:

13. Lifestyle Funding

Issue: Update on situation

Discussion: Lifestyle have allocated £5,000 for the drop in service. They would like to do more training which will use some more of the funding. They have increased a member of staff's hours from 3 hours per week to 9 hours which will release another member of staff to do more ground work. £5,000 is from the criminal justice service, rather than the £20,000 which they got last year financial year.

Decision:

14. Child & Adolescent Mental Health Service (CAMHS)

Issue: Update

Discussion: The CAMHS Strategy has been launched and copies given to Partnership members.

Decision:

15. Mental Health Occupational Therapy

Issue: Update on situation

Discussion: Michael Cook stated that the post is vacant. Sonia Smit from Occupational Therapy has been asked to write a document stating the Occupational Therapy Departments requirements. The post has been approved but is still in the vacancy process. Funding for this Occupational Therapy post is for mental health and not for plugging gaps in the OT service.

Decision:

16. Mental Health Partnership Structure

Issue: Reorganisation of the Mental Health Partnership - this item was discussed at the start of the meeting.

Discussion: The Mental Health agenda is vast therefore the partnership may need to be split into a core group to look at the business and a larger group to be a consultative group with sub groups. Ernie Garden, Dr McKinlay and Emelin Collier met to discuss this. There are currently 36 people on the membership of the partnership.

The Learning Disabilities Partnership have suggested a joining up of the two partnerships. Members of the Mental Health Partnership were asked to give some thought on this. If there are smaller groups will communication links be maintained. The Partnership would need to make sure that communication links are not lost.

Isabel Mackenzie stated that she has missed a few meetings as the agenda does not always seem appropriate for her to attend therefore her time would be best suited doing other things rather than attending. Smaller focused group deliberations could be put on the Mental Health Partnership website for members to access and keep up-to-date. It is however important to keep the Partnership together to meet say every 3 months but smaller groups every month.

Current subgroups of the mental health partnership include:

CAMHS

Older Adults Mental Health Forum

Mentally Flourishing Scotland

ICP & Collaborative Care

MH CMT

Psychiatric Emergency Plan subgroup

Leadership Programme

Inpatient Forum

It was also noted that there is no vice chair of the Partnership. The chairman should only be in place for 3 years and then the vice chair could take over.

Ernie Garden is meeting Dr Latham the chair of the Learning Disabilities partnership to discuss this further. There is an advantage to having the two partnerships jointly linked. The Mental Health Partnership does not have a large budget and the Learning Disabilities Partnership do not have any funding. The Learning Disabilities Partnership sees the Mental Health Partnership as being a bigger partnership with more resources/clout. Complex discussions need to be taken regarding this.

It was suggested that there would be a core group of about six people and then others could be asked to join as and when required. Does the core group need to be the people hold the budgets? Do we need a core group of i.e. management, clinicians, services. The whole group to possibly meet for 3hours 2/3 times a year – general strategy group.

This is a very useful group which we do not want to lose. Individual members can see how they can maximise their usefulness on the group.

Mental Health Partnership training days would also be very advantages. Wider group to have responsibility for the action plan and reviewing it, meet 2/3 times a year.

Build in a login secure area on the website.

Decision: Emelin Collier agreed to draw this up and send it round the Partnership and bring it back to the next meeting. It was also agreed to send the membership list out and a list of the subgroups.

Niall Shaw left the meeting.

17. Draft - Psychiatric Emergency Plan and APU Review

Issue: Update on progress

Discussion: Joan Tilley was not at the meeting therefore this item will be carried forward to the next meeting.

Decision:

18. Inpatient Forum

Issue: Update.

Discussion: The Inpatient Forum have meet recently and are due to have another meeting on Wednesday 21st May. They still need people to attend the meetings to get the agenda moving forward.

Decision:

Michael Cook left the meeting.

19. “The Matrix” - Guide to commissioning psychological therapies within Health Boards in Scotland

Issue: This document needs to be reviewed.

Discussion: This document needs to be reviewed and an action list from it drawn up. A discussion took place regarding CBT training and looking at the cost of reducing antidepressant prescribing and put that funding back into CBT training. GPs are required to offer CBT before prescribing. This also ties in with the ICPs. Some

services are not available in Uist & Barra. There is currently no budget for training in CBT. Would there be scope for a psychological therapies sub group of the mental health partnership?

Decision: Dr Davis and Dr Welsh agreed to get together to review this document. It was also agreed to keep this on the agenda.

20. AOB

20.1 Independent review of the NHS Quality Improvement Scotland (NHS QIS) mental health strategic work programme 2005-2008

This letter was circulated for information.

20.2 New Penumbra Manager

Rebecca Mahoney introduced Stuart MacLean as the new Penumbra Manager to cover her maternity leave. Penumbra are now taking referrals for Uist and have appointed a part time project worker in Uist.

20.3 Depression Alliance leaflets

Murdo MacLeod referred to Depression Alliance leaflets which he took to the meeting for members to take away with them.

Katie MacPherson stated that the beginning of June is Dementia Awareness Week and this year will be the 20th Anniversary.

21. DATE OF NEXT MEETING

Date: 25th June 2008
Time: 9.30am until 11.30am
Venue: Board Room, NHS Western Isles

END