

# WESTERN ISLES MENTAL HEALTH PARTNERSHIP

Minutes of the meeting of the Western Isles Mental Health Partnership which was held on Wednesday 17<sup>th</sup> September 2008 in the Board Room, NHS Western Isles.

<b>Present:</b>	Ernie Garden	Chair
	Elaine Campbell	Choose Life Co-ordinator
	Maggie MacLeod	CAMHS Nurse
	Dr Davis	Occupational Therapy Doctor
	Niall Shaw	Chair - WIAMH
	Del Gunn	Centre Manager - Catch 23
	Stuart MacLean	Penumbra Manager
	Alan Monks	Adult Services Manager, CNES
	Emelin Collier	Head of Planning & Development, Public Health
	Isabel MacKenzie	Housing Strategy & Development Officer, Comhairle nan Eilean Siar
	Kenna Campbell	Senior Health Promotion Officer, Uist & Barra

## 1. Apologies

Apologies were received from Karen Toovey, Elizabeth Shelby, Neil Lawrie, Norrie MacRitchie, Murdo MacLeod, Michael Cook, Dr Welsh and Anne Hutchison.

## 2. Approval of Minutes of 6<sup>th</sup> August 2008

The minutes of the last meeting were approved as an accurate record of that meeting by Niall Shaw and seconded by Alan Monks.

## 3. Matters Arising

### 3.1 STORM Training

At this point in the meeting Elaine Campbell was welcomed to NHS Western Isles.

There is a HEAT 5 Strategic Infrastructure Development Event on the 21<sup>st</sup> October in Forth Valley. There is nobody available from NHS Western Isles to attend but a videolink has been arranged for Monday 10<sup>th</sup> November.

With regard to STORM training there are no trainers in place. Emelin Collier has volunteered to do the training for trainers course. The aim is to have 4 people trained, it was suggested that Elaine Campbell should speak to Mike Sullivan regarding the child section of the STORM training, also to speak to Kenna Campbell and Michelle Lodge.

There are national targets to meet with regard to suicide prevention training. Therefore frontline staff need to have some form of training, either STORM or ASIST. It is critical that we get this started as soon as possible to meet the target by 2010.

Kenna Campbell joins the meeting.

### 3.2 Lifestyle Funding

Christine MacLennan was not at the meeting therefore this item will be carried forward to the next meeting.

## 4. Action Points

Ernie Garden agreed to deal with the remaining action points on the list.

## 5. Action Plans Feedback

It was agreed to run items 5 & 6 together.

## **6. Mental Health Implementation Review**

The Scottish Government Mental Health review will be held on Tuesday 11<sup>th</sup> November at 12.30pm in the APU Group Therapy room. It was agreed to arrange a pre meeting to complete the proforma. All members were encouraged to read to proforma which was completed in May 2008.

It was noted to inform Gordon Jamieson about the review and to make sure that the date is in his diary.

## **7. Mental Health Nursing Review**

Joan Tilley was not at the meeting, therefore there was no update. Maggie MacLeod agreed to ask Joan Tilley if there is anything to update before the Mental Health Review.

## **8. Review of the Mental Health (Care and Treatment) (Scotland) Act 2003: Consultation**

Comments on this document need to be returned by Friday 31<sup>st</sup> October. It was agreed to send it to Karen Toovey and Maggie MacLeod will find out if Joan Tilley and Neil Lawrie have seen this document.

There are some consultation events planned on the mainland regarding this.

Michael Cook was arranging for some members of staff to attend one of the mainland meetings.

It was stated that this is not done very often on the Island. Del Gunn agreed to speak to Karen Toovey about this consultation document. It was agreed that we need to comment that on the only occasion where a tribunal was due to be held here, they were very particular about the room and then didn't come over and held it by videolink instead.

## **9. Choose Life - Suicide Prevention Training / Suicide Prevention Awareness week**

Choose life week this year was quite but there were a few information stalls in various venues. They have set up the new Choose Life Steering Group and held their first meeting.

## **10. ICPs**

Anne Hutchison was not at the meeting therefore this item will be carried forward to the next agenda.

## **11. Clisham Project - Leadership Programme**

It was noted that the Clisham Project are holding their Learning Set meeting today. The Clisham Project held a development day on the 9<sup>th</sup> September which was attended by Prof June Andrews from Stirling University. The event was well attended and there were several workshops held on the day. The development day will inform the service model and what capital funds are needed for the future and arrangements within the ward.

On Wednesday 15<sup>th</sup> October the launch of the Clisham Garden project was held and was also well attended. Children from Laxdale School, sang and are going to help with the garden project. The chairman planted a tree and there is now a plaque on the wall. Alasdair Allan MSP also attended the launch along with many senior staff from NHS Western Isles.

At this point in the meeting it was stated that Murdo Macleod has been headhunted by the RCN and is going on secondment to them for 6 months. Mr Macleod will stay linked in with the Clisham Project.

## **12. Mentally Flourishing Scotland**

Murdo Macleod is leading on this and is doing a presentation for Mental Health week. Kenna Campbell is involved in this in Uist with Norrie MacRitchie and they are holding a consultation event in November for Mentally Flourishing Scotland. The consultation event in Stornoway during Mental Health week will be chaired by Rev Tommy McNeil.

It was asked if there was any research to indicate that these events are worthwhile. There are some reservations that this would be worth doing as we are no longer able to comment on the national document. Is it worth doing these public information awareness events, or are they just a waste of staff time. Emelin Collier agreed to speak to Murdo Macleod to see if it is worth having these events.

### **13. Lewis St Proposal**

There is nothing to report at the moment.

### **14. Penumbra - Uist Project**

Stuart Maclean stated that the Penumbra project in Uist started in Mid July. They are currently supporting six service users, which is their capacity as the worker is only part time. They have two new referrals at the moment and will be looking for additional funding in order that the worker can do more hours.

This is a year's pilot project which will run until June 09. It was stated that the project will need to be reviewed in six months time which could be used to build a case for more funding. There may be ways of increasing the funding before the end of the year pilot. It was suggested the Stuart contact the Social Work Department regarding the Supporting People fund.

Stuart agreed to produce a report for the Partnership meeting in December.

### **15. Child & Adolescent Mental Health Service (CAMHS)**

Maggie Macleod stated that the CAMHS team are working on an information leaflet and are putting their final draft of the referral procedures from A&E to the CAMHS team out for consultation.

Dr Nick Dunn, Consultant Psychiatrist has agreed to be our new CAMHS Psychiatrist. Dr Dunn will be working for NHS Western Isles three Mondays a month one of which will be in Uist.

With regard to the part time nurse in Uist, it was asked what was happening with the extra hours, as the person is only working part time for CAMHS. It is important that the extra hours are used. Maggie Macleod agreed to ask Joan Tilley about this.

The CAMHS Team accommodation at the Health Centre is being dealt with. They still have problems with not having interview rooms.

### **16. Mental Health Occupational Therapy**

Ernie Garden read out an email from Sonja Smit regarding the Mental Health Occupational Therapy post, which stated:

Two candidates have been shortlisted for interviews on Monday 22 September. The interview panel consists of Joan Tilley, Amy Evans (mainland mental health OT from Highlands), Janet Gordon and me as Head of OT Services. The candidates have been invited to meet on an informal basis both the Mental Health team and OT team prior to the interviews.

### **17. Mental Health Partnership Structure**

It was agreed that a development day to discuss the Mental Health Partnership Structure will be held on Thursday 2<sup>nd</sup> October 2008.

### **18. Draft - Psychiatric Emergency Plan and APU Review**

Joan Tilley was not at the meeting therefore this item will be passed on to the next agenda.

### **19. Inpatient Forum**

Michael Cook was not at the meeting therefore Niall Shaw gave an update. The issues are proceeding slowly and there are users and carers on the group who attend the meetings. It was agreed that the minutes of the Inpatient Forum should be tabled at the next meeting.

### **20. Psychological therapies**

Emelin Collier stated that she has been sent over a job descriptions and the SLA to agree. They are looking at employing someone at the beginning of next year.

It was stated that more staff have been trained in CBT. It is difficult to decide who needs to do this course, and what level they need to do.

The NES funding will help with our needs in terms of psychological therapies. The Comhairle nan Eilean Siar funding will help fund the clinical side of the service.

**21. Mental Health Awareness week**

Mental Health Awareness week will be held the week beginning 6<sup>th</sup> October 2008. A number of events have been organised for that week. Colette Hamilton from the Glasgow Adolescent Self Harm Service is coming over to do a talk. There are also events planned in Uist for that week and there will be a showing of the film Iris on Tuesday night in An Lanntair.

**22. Correspondence Received: -**

**22.1 None**

**23. Documents Received: -**

**22.1 About Advocacy - The Scottish Independent Advocacy Alliance Magazine - Summer 2008**

This document was for information only.

**24. Minutes of other meetings: -**

**24.1. Mental Health - CMT**

**24.2. Learning Disabilities Partnership**

**24.3. WIAMH**

**24.4. Dementia Services Strategy Group**

**24.5. Older People's Partnership**

**25. Any Other Competent Business**

**25.1 Funding**

Niall Shaw stated that there was an issue with funding. Emelin Collier stated that Comhairle nan Eilean Siar are dealing with this. There was a delay in the Comhairle nan Eilean Siar finding coming through but it is now being dealt with.

**25.2 Mental Health Collaborative**

With regard to the post of Mental Health Collaborative project manager, Emelin Collier is in the process of dealing with the job description. It is hoped that this person would pick up some of the issues which we are struggling with.

**25.3 Mental Health Manager Post**

The post of Mental Health Manager has not been filled and there is nothing being done about it at the moment. Ernie Garden agreed to speak to Michael Cook about this situation.

**25.4 Acknowledgements**

This was Alan Monks last meeting therefore Ernie Garden thanked him for coming and his contribution to the Mental Health Partnership.

Dr Ruth McKinlay has also left and Ernie Garden thanked her for her services.

**26. Date of next meeting**

The next meeting will be held on Wednesday 5<sup>th</sup> November at 9.30am in the Board Room.