

# WESTERN ISLES MENTAL HEALTH PARTNERSHIP

Minutes of the meeting of the Western Isles Mental Health Partnership which was held on Wednesday 25<sup>th</sup> June 2008 at 9:30am in the Board Room, NHS Western Isles.

<b>Present:</b>	Karen Toovey	Mental Health Practitioner, Social Work Dept, CNES
	Anne Hutchison	Planning & Development Manager, NHS Western Isles
	Stuart McLean	Penumbra Manager
	Isobel MacKenzie	Housing Strategy & Development Officer, CNES
	Murdo Macleod	Planning & Development Officer, NHS Western Isles
	Dr Jean Davis	Occupational Health Doctor, NHS Western Isles
	Elaine Campbell	Choose Life Co-ordinator
	Emelin Collier	Head of Planning & Development, NHS Western Isles
	Neil Lawrie	CPN Team Leader Lewis & Harris
	Niall Shaw	Chair, Western Isles Association for Mental Health
	Ernie Garden	Chair

Emelin Collier agreed to Chair the meeting as Mr Garden was not in attendance. Mrs Collier introduced Tony Clements, PFPI Development Officer to the Partnership. Mr Clements was in attendance to observe how the Partnership works and to offer any assistance.

**In attendance:** Tony Clements PFPI Development Officer, NHS Western Isles

## 1. Apologies

Apologies were received from Katie MacPherson, Mike Sullivan, Del Gunn, Michael Cook, Joan Tilley, Alan Monks, Norrie MacRitchie, Dr Anderson, Dr Welsh and Dr McKinlay.

## 2. Approval of Minutes of 14<sup>th</sup> May 2008

Minutes of the last meeting were approved as an accurate record of that meeting.

## 3. Matters Arising

### 3.1 STORM T4T Training

The next STORM T4T Training is due to be held from the 15<sup>th</sup> to 18<sup>th</sup> July 2008. It was agreed to let Joan Tilley know about the dates and for her to contact Elaine Campbell regarding the application forms.

Ernie Garden joins the meeting, therefore Mrs Collier handed the chairmanship over to Mr Garden.

## 4. Action Points

There were no action points following the last meeting.

## 5. Action Plans Feedback

Most of the action plans are included on the agenda.

## 6. Financial Inclusion - Joe MacPhee

It was agreed to arrange for Mr MacPhee to present this at a specific meeting.

## 7. Mental Health Implementation Review

The Implementation Progress Review letter from Geoff Huggins was handed out to members and will be sent to members who are not present. It was noted that the overall tone of the letter is complementary. The Mental Health Partnership is unique in Scotland and John Turner does engage in mental health issues and is supportive of the Partnership.

At this point in the meeting it was stated that there is a way of NHS Western Isles putting some funding into the Choose Life project. The Mental Health Occupational Therapist funding is currently being used for the Leadership

Programme. Some of the JLIP monies will be used for the new Mental Health Manager post. There may be some slippage from the JLIP budget which could go towards Suicide Prevention.

#### **8. Mental Health Nursing Review**

As Joan Tilley was not able to attend the meeting, this item will be carried forward to the next meeting.

#### **9. Choose Life - Suicide Prevention Training / Suicide Prevention Awareness week**

This item was already discussed.

#### **10. ICPs**

Anne Hutchison stated that the QIS team did visit the Western Isles, but feedback from them has not been received. There may be funding from the QIS for the ICP Coordinator post. Ms Hutchison also stated that she attended a Mental Health Collaborative meeting on the mainland. Nobody in Mental Health services in the Western Isles was involved in the Mental Health Collaborative document, therefore it will not be shared with other boards. It was suggested that a letter is sent to Gordon Jamieson regarding this issue. There is funding available through the Mental Health Collaborative. A copy of the document has not been given to the Partnership for information or discussion.

**Action: Ernie Garden agreed to write to Gordon Jamieson regarding this issue.**

#### **11. Clisham Project - Leadership Programme**

Murdo Macleod gave an update on the Programme. They have had two local learning set meetings and two members of the group have attended a Dementia Design Group meeting in Stirling.

Stirling University will visit the Western Isles next month and will advise us on Dementia Design. The OFTTI Project and a school have been approached to help with the garden project.

The group have linked in with a London University for their expertise in Cognitive Neuroscience.

#### **12. Mentally Flourishing Scotland**

Murdo Macleod gave an update on this item. There is a group which are taking this forward and they have agreed to use the **'I can, I will, We can, We will'** slogan for the Project. Mr Macleod handed out posters to members which will be used to promote the Mentally Flourishing Scotland events. A copy of the Warwick-Edinburgh Mental Well-being Scale was handed out to the Partnership, it was stated that this will be used for the general public.

Mr Macleod is working on a power point presentation for this and will present it at the meeting in September.

#### **13. Lewis St Proposal**

Isabel MacKenzie gave an update on the current situation. The group which are looking into this met in June. The current building is owned by the Hebridean Housing Partnership. There was a meeting with Tony Pendle, Iain MacAulay and Tony Robson to discuss the proposal. Documents will be taken to the Hebridean Housing Partnership Board after the summer. They have accepted it in principal therefore this is moving forward.

#### **14. Lifestyle Finding**

As Christine MacLennan is not at the meeting this item will be carried forward to the next meeting.

#### **15. Child & Adolescent Mental Health Service (CAMHS)**

Emelin Collier gave an update on the current situation. The CAMHS Nurses are now in post. The visiting psychiatry service will be withdrawn at the end of June 2008. NHS Western Isles has had various meetings with NHS Highland regard to this situation. Highland have suggest a retired child psychiatrist who may be interested in working with us part time. Emelin Collier has also spoken to Yorkill Hospital to see if there is anything they can do to help the situation. The CAMHS team are still hoping to get a more sustained and robust service throughout the Western Isles. Dr Beasley held a monthly clinic in Stornoway and visited the Uists every 3 months and he was always available by telephone. There is funding available for videoconferencing equipment for the CAMHS Team. The issue with the consultant psychiatrist is being dealt with by Dr Michie, Interim Medical Director. There are very few child psychiatrists in Scotland as a whole.

There is still an issue with the CAMHS team accommodation which is being addressed.

## **16. Mental Health Occupational Therapy**

Michael Cook was not at the meeting but it was stated that the Mental Health Occupational Therapist Job Description has been approved and post gone through Agenda for Change and been banded but is has still not be advertised. This situation has been going on for year and the post has still not been filled.

**Action: Ernie Garden agreed to write to Michael Cook regarding this matter.**

## **17. Mental Health Partnership Structure**

Mental Health is a huge agenda. It was suggested that there could possibly be monthly meetings and split the agenda. Emelin Collier agreed to list the options and let the group consider them. Members were asked to email any suggestions to Emelin. It was agreed that there is a need to get more user involvement in the Partnership.

With regard to the Learning Disabilities Partnership, Ernie Garden has spoken to Dr Latham. The Learning Disabilities Partnership are keen to become a subgroup of the Mental Health Partnership. This should form part of the discussion regarding the structure of the Partnership.

## **18. Draft - Psychiatric Emergency Plan and APU Review**

Joan Tilley was not at the meeting therefore this item will be passed on to the next agenda.

## **19. Inpatient Forum**

Michael Cook was not in attendance but Niall Shaw stated that there was a meeting on the 21<sup>st</sup> May which was well attended.

## **20. "The Matrix" - Guide to commissioning psychological therapies within Health Boards in Scotland.**

Emelin Collier stated that the NHS Education for Scotland (NES) were in the Western Isles for a meeting regarding psychological therapies. There is £29,000 available from NES to help NHS Western Isles develop psychological therapies and there is also some money available through Comhairle nan Eilean Siar. This money will fund the employment of a psychological therapist for two years. The psychologist would be able to run a clinic and advice us on what needs to be done. A psychological therapy sub group has been convened and met to discuss this proposal which will be an integrated service with Comhairle nan Eilean Siar and also looking at what is currently available and what needs to be put into place.

There will be more CBT training in August and September. Staff have been told that once they sign up for it and if they do not attend then they will have to pay back the costs. It was stated that there has not been a needs assessment done for CBT which may need to be carried out.

Psychological therapies are linked with the ICP development.

It was agreed that Dr Davis and Neil Lawrie will meet outside this meeting to discuss this proposal further.

Minutes of the psychological therapy subgroup will be tabled at the Partnership for information.

## **21. Mental Health Awareness week**

Mental Health Awareness Week will be held the week beginning 6<sup>th</sup> October 2008 with World Mental Health Day on Friday 10<sup>th</sup> October. It was agreed that members of the Partnership need to think about what the Partnership should do for that week. It was suggested that a small group get together to look at this. There is usually a theme for the week, which is normally announced in July.

## **22. Correspondence Received: -**

**22.1 None**

## **23. Documents Received: -**

**23.1 Making Recovery Reality - An inspiring selection of personal journeys - Richmond Fellowship.**

This document was noted for information.

- 24. Minutes of other meetings: -**
- 24.1. Mental Health - CMT**
  - 24.2. Learning Disabilities Partnership**
  - 24.3. WIAMH**
  - 24.4. Older Adults Mental Health Forum – Emelin Chair**
  - 24.5. Older People’s Partnership**
- 25. Any Other Competent Business**
- 25.1 Bowel Screening Programme**  
Anne Hutchison stated that the local Bowel Screening Programme is going live on the 1<sup>st</sup> July 2008. This is a national screening programme for everyone between the ages of 50 and 74, who will each get a screening kit in the post which they completed at home and return.
- 26. Date of next meeting**  
The next meeting will be held on Wednesday 6<sup>th</sup> August 2008 at 9.30am in the Board Room, NHS Western Isles.