

Western Isles Mental Health Partnership



Minutes of Meeting

5th November 2008
Board Room, NHS Western Isles

Members Present

Ernie Garden	Chair	Del Gunn	Centre Manager, Catch 23
Maggie Macleod	CAMHS Nurse	Isobel MacKenzie	Housing Strategy & Development Officer, CNES
Kathryn Chisholm	Mental Health Occupation Therapist	Michael Cook	CHASCP General Manager
Briony Jones	CHASCP	Kenna Campbell	Senior Health Promotion Officer, Uist & Barra
Neil Lawrie	CPN Team Leader - Lewis & Harris		

1. APOLOGIES

Apologies were received from Mary Bremner, Katie MacPherson, Dr Davis, Stuart McLean, Emelin Collier, Karen Toovey, Elaine Campbell, Anne Hutchison and Christine MacLennan.

2. APPROVAL OF MINUTES

The minute of 17th September was approved by Del Gunn and seconded by Isobel Mackenzie.

3. MATTERS ARISING

3.1 Issue: STORM Training

Discussion: Elaine Campbell was not at the meeting therefore this item will be carried forward to the next meeting.

Decision:

3.2 Issue: Lifestyle Funding

Discussion: Christine MacLennan was not at the meeting therefore this item will be carried forward to the next meeting.

Decision:

3.3 Issue: Review of the Mental Health (Care & Treatment) (Scotland) Act 2003: Consultation

Discussion: There is no update on this item. It was stated that one of these meetings were held last week by phone link which is not appropriate, patients should have face to face contact. The Scottish Government have stated that there is a problem with funding.

Also language needs to be raised, as Gaelic is the main language for some Islanders. Videolink is not suitable either.

Decision: **It was agreed that Mr Garden would write to the Mental Welfare Commission regarding our concerns.**

3.4 Issue: Penumbra - Uist Project

Discussion: Stuart Mclean was unable to attend the meeting but did state that a report will be available for the next meeting.

Decision:

3.5 Issue: Mental Health Awareness Week

Discussion: Ernie Garden stated that during Mental Health Awareness week there was a talk in relation to Self-harm and the film Iris was shown, which is about a writer who suffered with Alzheimer's. There were also events held in Uist which were well attended, and also SAFETalk training.

Decision:

3.6 Issue: Mental Health Manager Post

Discussion: With regard to the Mental Health Manager Post, Briony Jones gave an update. The post has been discussed at the CHASCP Management Team meetings. They are looking at developing the post to have a social care aspect within it, as there is currently a vacancy in Social Work. They are looking at widening the post out to have a Western Isles wide Mental Health Manager post. They are looking at the possibility of integrating the two vacant posts, Mental Health & Learning Disabilities Manager, NHS Western Isles and the Principal Officer (Planning & Development), Comhairle nan Eilean Siar. Changing the Mental Health & Learning Disabilities Manager post to make it wider and to include the sort of duties which the Principal Officer (Planning & Development) was involved in. The CHASCP are holding another meeting today to work on this. Michael Cook stated that the Social Work Department are not keen on merging the two posts at the moment.

Joan Tilley stated that it is a good idea to have one person who would have an overview of both agencies but there are some reservations in relation to the nursing and clinical aspects of the post. The Mental Health & Learning Disabilities Manager post was more a paper based post and the person in post had to go to the nursing staff for any clinical details, as they did not have a feel clinically for what was going on. Therefore there is a need for someone who has a clinical background to fill the post.

The Mental Health Manager post needs someone supporting them with the clinical knowledge to help them with the workload. NHS Western Isles and Comhairle nan Eilean Siar are meant to have partnership working so a joint post would help as long as the person in post has the right support. For overall planning, strategy and service development a manager post would be preferred. The Principal Officer (Planning & Development) post was operating at a strategic level. For the Mental Health Manger post we need a clinical lead for mental health. Neil Lawrie was not sure how a joint post would work, Social Work would want someone with a Social Work qualification and NHS Western Isles would want someone with a Mental Health qualification to fill the post.

It was asked if there is a need to have someone at the strategic planning level, therefore combining the Head of Planning & Development, NHS Western Isles and the Principal Officer (Planning & Development), Comhairle nan Eilean Siar posts. Then have a service manager in each area i.e. one in NHS Western Isles and one in Comhairle nan Eilean Siar.

Currently the voluntary sector are concerned about the lack of someone in this post. It was stated that every effort should be made to replace the post as soon as possible. It was also stated that funding is not the reason for joining the two posts together.

Michael Cook stated that we are encouraged to have Partnership working with the introduction of the Single Outcome Agreement. If we lose the opportunity to appoint someone it cements the different.

It was stated that there has not been leadership for a long time, the service has moved on with no formal structure, therefore there is a need to get the structure in place.

It was noted that there are no objections to the post but the post does need the right support.

This is muddy as it involves mixing up two very different posts. The Principal Officer (Planning & Development) had a wider remit than Mental Health issues. It was suggested taking the Mental Health remit of the Principal Officer (Planning & Development) post and then also having a Planning post at Comhairle nan Eilean Siar.

This new post would only include the Mental Health remit of the Principal Officer (Planning & Development) post and the 2.5 days of the Mental Health & Learning Disabilities Manager post. It was suggested to look at the job descriptions for the Mental Health & Learning Disabilities Manager, the Principal Officer (Planning & Development) and the Head of Planning & Development, NHS Western Isles post and then make a decision. In the larger NHS Boards there is a Nurse Consultant in post.

Mr Cook stated that this is not about funding but it is about practicality. Joan Tilley stated that there is a gap between the clinical staff and management level, a Mental Health Manager at clinical level would fill this gap. A Mental Health Clinician is what is required. A further discussion took place regarding the role of the manager. The service redesign process agreed that there was a need for a clinician.

Michael Cook stated that a number of years ago he had a conversation with a previous Consultant who stated that there was no need for a clinician as that person would then be tasked to do clinical work and not the rest of the work which needs to be carried out. Neil Lawrie stated that this view has changed.

There are many elements of the managers post which will need clinical knowledge therefore there is a need for an experienced Mental Health clinician. There are

advantages to having a nurse in that post. NHS Western Isles was fortunate to have a Nurse Director who was an RMN and who was able to help with the service.

Decision: Michael Cook to move this forward.

4. Action Points

Issue: Action points

Discussion: All action points have been dealt with.

Decision:

5 Action Plans Feedback

Issue: There was nothing to discuss for this item.

Discussion:

Decision:

6. Mental Health Implementation Review / Mental Health Nursing Review

Issue: Mental Health Review with the Scottish Government.

Discussion: The review is being held on Tuesday 11th November.

Decision:

7. Choose Life - Suicide Prevention Training

Issue: Suicide Prevention

Discussion: Elaine Campbell was not able to attend the meeting therefore Joan Tilley gave an update. QIS Suicide is a new organisation which is being set up. They are looking at suicide risk assessments, and a group are specifically looking at working practice and shared concerns. NHS Western Isles has been asked to write a suicide prevention , intervention and postvention policy. Joan Tilley met with Elaine Campbell regarding this. All suicides are now to be reported directly to QIS Suicide, which is feed in nationally and they follow up on what is being done locally. Joan Tilley and Elaine Campbell are working on this policy and will open it up to a wider group. QIS are stating that the policy will be health lead at the moment. There will also be meetings with the Comhairle nan Eilean Siar, Hebridean Housing Partnership, employment services, and voluntary organisations. This also relates to CAMHS and will include teachers.

Decision: Joan Tilley and Elaine Campbell to continue to work on this policy.

8. ICPs

Issue: ICP Progress

Discussion: Anne Hutchison was unable to attend the meeting but had submitted a written note, which Ernie Garden read out. The note stated the following:

No progress from June 09

Basic process standards have not been addressed, attendance at meetings is poor usually two sometimes three people. There continues to be no resource for ICP development despite assurances otherwise. The commitment to ICP development will not be met. All boards are expected to apply for ICP accreditation by March

09, NHS Western Isles will not be able to apply. QIS are aware of our lack of progress.

The Partnership agreed that there is a lot of work to do with regard to ICPs. This is a gap which the Mental Health Manager could deal with. Attendance at the meetings is poor and to resolve this the group did try to have the meetings at a different time but this has not been successful either. Anne Hutchison and Neil Lawrie cannot do the work on their own, they are the only people who attend at the meetings. Clinically the workload is huge, therefore people do not have the time to attend the meetings. The service is overloaded at the moment. It was stated that Anne Hutchison needs someone to help complete this piece of work. Michael Cook stated that he was not aware that there was a problem with completing this piece of work and that there must be a solution to this. It was noted that Anne Hutchison has been asking for help from the beginning and that it has been raised at previous meetings. The group need a plan to overcome this problem.

Michael Cook agreed to write to Anne Hutchison and ask her what the issues are and to set a meeting and get everyone to attend and try to move this forward.

The Mental Health Nursing review training would help to develop the ICPs but NHS Western Isles have not had the training which other NHS Boards have. Finella Morrison is working to get training delivered. It was stated that NHS Western Isles is behind schedule with the Mental Health Nursing review training and that the centre have been slow in sending a trainer across.

Decision: Michael Cook to write to Anne Hutchison regarding the issues.

9. Clisham Project - Leadership Programme

Issue: Clisham Project development.

Discussion: There was nobody from the Clisham Project at the meeting therefore this item will be carried forward to the next meeting.

Decision:

10. Mentally Flourishing Scotland

Issue: Mentally Flourishing Scotland update.

Discussion: There was no update for this meeting.

Decision:

11. Lewis St Proposal

Issue: Lewis St Proposal update.

Discussion: Isobel MacKenzie stated that there is no change at the moment. The Scottish Government are coming to speak to the Hebridean Housing Partnership and Comhairle nan Eilean Siar tomorrow regarding funding.

Decision:

12. Child & Adolescent Mental Health Service (CAMHS)

Issue: CAMHS update

Discussion: Joan Tilley stated that there is now a training calendar in place which will run from December 2008 until May 2009. This will include Introduction to CAMHS, depression.... issues for children & young people and anxiety issues for children & young people.

The CAMHS team have been asked to look at ICPs as well. They still need a consultation room and the clinic has been moved to the Health Centre.

Michael Cook stated that the Dental Department are employing four dentists, and that they are proposing to take over the ground floor accommodation at the Health Centre. Mr Cook is debating this with the Dental department.

The biggest gap in CAMHS is with Looked After and Accommodated Children between the ages of 17 and 21 who are in between two services. Learning Disabilities is another gap.

With regard to the Uist post there is an interest by someone who has a Learning Disabilities background but discussions are still going. The extra hours would cover this post.

Decision: Joan Tilley to speak to Finella Morrison regarding the post in Uist.

13. Mental Health Occupational Therapy

Issue: Mental Health Occupational Therapy post.

Discussion: It was noted that Kathryn Chisholm is now in post and she was welcomed to the Partnership.

Decision:

14. Mental Health Partnership Structure

Issue: Review the Mental Health Partnership Structure.

Discussion: A proposal for the Mental Health Partnership Structure was sent to members before the meeting. It was suggested that there should be a Nurse on the Management Group.

Michael Cook stated that this is still a large group and not dynamic enough, a smaller group would be more dynamic. A smaller group would be able to meet more often and a larger group less often. It was suggested that a small group to meet on a regular basis to move the Mental Health agenda forward. Then the bigger representational group would meet and deal with any outstanding issues. Michael Cook agreed to send out his suggestions in writing.

It was asked what role and responsibility the small group would have? They would be driven by the Mental Health agenda.

The meeting which was set to decide the structure was not well attended. Ernie Garden asked that all members with suggestions to send them in to Janet MacKenzie before the next meeting.

The strength of the Partnership with the all the agencies who are involved gives members a sense of ownership of local Mental Health services. It was stated that a great deal of the Mental Health agenda can be done by the sub-groups.

There is however a concern that the small group would take over the larger group, where as it should be the other way around.

Decision: All members to send in any suggestions regarding the structure to Janet Mackenzie before the next meeting.

15. Draft - Psychiatric Emergency Plan and APU Review

Issue: Draft - Psychiatric Emergency Plan (PEP)

Discussion: It was noted that the PEP has been updated.

Decision:

16. Inpatient Forum

Issue: Update from Inpatient Forum

Discussion: Michael Cook stated that the Inpatient Forum have held a number of meetings and everything seems to be going well. There is a need to build in an element into the meetings in order to review where we are and if there are any issues which need to be dealt with. Some of the level of clinical items on the agenda can overwhelm the service representatives on the group.

Decision:

17. Psychological Therapies

Issue: Update on situation

Discussion: Emelin Collier was not at the meeting therefore this item will be carried forward to the next meeting.

Decision:

18. Mental Health Collaborative

Issue: Mental Health Collaborative update.

Discussion: Anne Hutchison was not able to attend the meeting but she did submit a written note, which Ernie Garden read out:

There was a meeting and workshops held in Inverness. This meeting was to further the development of a detailed implementation plan to meet the HEAT targets. The implementation plan is to be based on the PID which was submitted. The Western Isles PID was submitted with no consultation with Western Isles Mental Health Services. Neil Lawrie and myself were to attend the meeting, however travel was not approved.

We arranged a videolink which meant we would be unable to attend the workshops. We heard presentations from other boards and the work undertaken so far, initial scoping prior to PID submission, project teams identified, clinical leads in place, backfill and resource in place.

The videolink connection crashed early into the meeting.

Decision:

19. Crisis Response / Home Treatment National Network

Issue: Document for discussion.

Discussion: Due to time constraints this item was not discussed.

Decision:

20. Correspondence received

20.1 None

21. Documents received

21.1 Local Area Co-ordination National Evaluation Response

Due to time constraints this item was not discussed.

22. Minutes of other meetings:

22.1 Mental Health - CMT

22.2 Learning Disabilities Partnership

22.3 WIAMH

22.4 Older Adults Mental Health Forum

22.5 Older People's Partnership

Due to time constraints this item was not discussed.

23. AOB

There was no other business.

24. DATE OF NEXT MEETING

Date: Wednesday 10th December 2008

Time: 9.30am

Venue: Board Room, NHS Western Isles

END