

# WESTERN ISLES MENTAL HEALTH PARTNERSHIP

Minutes of meeting of the Western Isles Mental Health Partnership held on Wednesday 6<sup>th</sup> August 2008 at 9:30am in the Board Room, NHS Western Isles.

**Present:** Emelin Collier, Head of Planning & Development ~ Acting Chair  
Alan Monks, Adult Services Manager, Comhairle nan Eilean Siar  
Anne Hutchison, Planning & Development Manager  
Del Gunn, Centre Manager, Catch 23  
Elizabeth Shelby, Alcohol & Mental Health Nurse  
Dr Jean Davis, Occupation Health Doctor  
Maggie Maclead, CAMHS Nurse  
Mary Bremner, Ward Manager Clisham  
Niall Shaw, WIAMH  
Norrie Macritchie, CPN Team Leader Uist & Barra

Due to the Chairs absence Emelin Collier was nominated by Mr Monks and seconded by Mr Gunn to chair this meeting.

## 1. Apologies

Apologies were received from Murdo Macleod, Elaine Campbell, Isobel Mackenzie, Karen Toovey, Katie Macpherson, Christine Maclellan, Neil Lawrie, Catherine Mackenzie and Ernie Garden.

## 2. Approval of Minutes of 25<sup>th</sup> June 2008

Approved as an accurate record of that meeting.

Elizabeth Shelby was welcomed to the meeting. Ms Shelby gave a brief introduction of her post and the committee introduced themselves.

## 3. Matters Arising

### 3.1 STORM Training

Due to poor attendance this item was not discussed.

### 3.2 Lifestyle Funding

Due to poor attendance this item was not discussed.

## 4. Action Points

Due to poor attendance this item was not discussed.

## 5. Action Plans Feedback

Due to poor attendance this item was not discussed.

## 6. Mental Health Implementation Review

The review letter was circulated prior to this meeting.

It was agreed that all discussion points from the review be on agenda at the next meeting as individual items.

## 7. Mental Health Nursing Review

Due to poor attendance this item was not discussed.

## 8. Choose Life - Suicide Prevention Training / Suicide Prevention Awareness week

Mrs Collier gave a background and update on the situation of the Choose Life post. The post holder has now transferred over to the employment of NHS Western Isles and will be line managed by Emelin Collier.

Mr Monks asked what would be lost from the funding being capped? The ability of the project to fund a lot of other organisations will be lost as money was going out to a vast variety of different organisations.

The training agenda stays as a priority as there are targets surrounding it and awareness raising needs to continue. Costs need to be kept as low as can be as there is no funding; Ms Campbell is linking in with other organisations to keep awareness high.

Mrs Collier read out an email from Ms Campbell raising the issues/queries about the Suicide Prevention week.

Ms Campbell would like volunteers to join this sub-group for arranging the Suicide Prevention week. It is envisaged that this sub-group will also organise the Mental Health awareness week and be the basis of a steering group for Choose Life.

It was suggested that the sub-group include a representative from Uist, WIAMH/Catch 23, Samaritans, Advocacy and a member from Mental Health Services in Lewis and Harris.

Mr Gunn and Mr Shaw agreed to find representation from WIAMH/Catch 23 and Mr MacRitchie agreed to be the representative from Uist or to find a suitable person in his place.

The theme for the Suicide Prevention week is 'Don't hide it, talk about it' and to date venues have been booked and speaker names have been suggested.

Suggestion to show the films 'A Beautiful Mind' and 'Canvas' have been received and Ms Campbell would be happy for other suggestions too.

Ms Campbell welcomes all suggestion for any ideas for Suicide Prevention week and to contact her direct with them.

## **9. ICPs**

An update was received from QIS, with a few changes needed.

The ICP group attendance since June has been very poor therefore no progress has been made and this needs to be looked at. It is felt that the way forward is for an ICP Co-ordinator to be put in place. Apparently Michael Cook has identified funding for an ICP Co-ordinator and that there is a job description, etc ready. As Mr Cook is on leave Mrs Collier will check with Donnie Mackenzie in Accounts.

## **10. Clisham Project - Leadership Programme**

The last local action learning set was held a fortnight ago. The report from the Clisham Ward walk about is attached. It is hoped that the Project will be able to address these issues.

There was also an audit, separate to the walk about, carried out on the whole ward but as yet no report has come from it.

The Project is not specifically about the ward but is about the service from the Butt to Barra. Mrs Collier discussed the structure of the Leadership group.

There will be a development day held in September for Leadership Programme members plus other invited individuals from relevant areas/committees etc.

The committee discussed ideas for the garden launch. League of Friends donated £1000 to the garden project.

It is hoped that the development day and launch of the garden be around the same days if possible.

## **11. Report of Patient Safety Leadership Walk round - Clisham Ward 09/07/08**

Mary Bremner discussed areas of most concern at present:

Clisham ward are finding that they are unable to get medical cover. There was a letter sent to Andrew Hothersall asking him to look into this and Gordon Jamieson has been informed. Steven Welsh has approached Brian Michie in the past about a staffing levels.

Ms Bremner raised the issue of inappropriate bed transfers. This has been brought up with Chrisanne Campbell, Gordon Jamieson and Mike Hutchison. Mrs Collier suggested that this be an issue that the In-patient Forum takes up. Mr Shaw asked Ms Bremner to forward a copy of the report to Michael Cook for the In-patient Forum meeting agenda.

It is hoped that these issues will be raised on the development day.

**12. Mentally Flourishing Scotland**

Due to poor attendance this item was not discussed.

**13. Lewis St Proposal**

Due to poor attendance this item was not discussed.

**14. Child & Adolescent Mental Health Service (CAMHS)**

The services of another Child Psychiatrist has been secured and is offering a day a week split into 2 days in Lewis, 1 day in Uist and 1 day video link session per month. The psychologist is visiting in August and Dr Michie's admin support is arranging the itinerary.

**15. Mental Health Occupational Therapy**

The post is in advertisement now.

**16. Mental Health Partnership Structure**

Mrs Collier has not received any written suggestions on the structure but has had some verbal expressions and concerns about breaking up the group and that it might damage the Partnership.

Mrs Collier discussed the reasoning behind the proposed change in structure and it was suggested that a ½ development day specifically to discuss this issue would be appropriate. It was agreed to have this meeting on 3<sup>rd</sup> September mid-morning to early afternoon. If members are unable to attend then a deputy should be sent in their place.

Mr Shaw feels part of the issues are that the agenda has a lot of reports that do not need to be addressed at the meetings and items should be listed in priority. It was agreed to try Mr Shaws suggestion with the agenda for the next meeting.

It was discussed that sub-groups need to be looked at too as these Chairs should be attending this meeting.

Ms Hutchison feels that if there were a functioning CMT this would cover a lot of the clinical issues.

**17. Draft - Psychiatric Emergency Plan and APU Review**

Due to poor attendance this item was not discussed.

**18. Inpatient Forum**

Due to poor attendance this item was not discussed.

**19. Psychological therapies**

NHS Education Scotland has made funding available for psychological therapies and is offering £29,000. Mrs Collier has had discussion with Bernard Chisholm who will be able to match fund this. Initial thoughts are to employ a psychologist for 2 years. NES are interested in that suggestion and hopefully the job advert will go out within the next 2 months.

Orkney has now pulled out of the Family and Counselling Mediation service as the person in post is leaving. Ms Hutchison has been informed that the service will revert back to being Western Isles based and there is a manager in place who was due back from their holidays at the end of July.

**20. Mental Health Awareness week**

Refer to item 8.

The Senior Health Promotion Officer (Mental Health & Cancer) post has now been filled and hopefully this person will work alongside Elaine Campbell in promoting the Mental Health Awareness Week.

**21. Correspondence Received: -**

**21.1 Letter from Mary MacKenzie regarding Uist & Benbecula dementia care.**

Mrs Collier read out the letter from Mary Mackenzie. Mary MacKenzie is a team leader in South Uist. Mary wrote to Michael Cook regarding Uist and Benbecula dementia care. Mrs Collier proposed that this committee pledge £1000 to this venture, this was agreed unanimously.

**22. Documents Received: -**

**22.1 Audit Scotland public reporting work**

**22.2 Meeting our needs? - the level and quality of dementia support services in Scotland**

**22.3 Understanding depression and its treatment - one-day conference, 19<sup>th</sup> September 2008**

**22.4 The Point - Summer 2008**

**22.5 Modernising and Improving Mental Health Services across Clyde - Consultation on Proposed Service Changes**

The above documents were noted and if anyone wishes to view them contact Janet MacKenzie direct.

**23. Minutes of other meetings: -**

**23.1. Mental Health - CMT**

**23.2. Learning Disabilities Partnership**

**23.3. WIAMH**

**23.4. Dementia Services Strategy Group**

**23.5. Older People's Partnership**

The above minutes were noted.

**24. Any Other Competent Business**

Mrs Collier informed the committee that Dr McKinlay has left her post and would like to commend her for all her hard work over the years. Maria Mackay has also left her post and it was agreed that the Chair be asked to write to both Dr McKinlay and Mrs Mackay to thank them for their work within mental health over the years.

**25. Date of next meeting**

The next meeting will be held on Wednesday 17<sup>th</sup> September 2008 at 9.30am in the Board Room, NHS Western Isles.