

WESTERN ISLES MENTAL HEALTH PARTNERSHIP

Minutes of the meeting of the Western Isles Mental Health Partnership which was held on Wednesday 9th January 2008 at 9:30am in the Board Room, NHS Western Isles.

Present:	Ernie Garden	Chair
	Naill Shaw	Chair Western Isles Association for Mental Health
	Alison MacLean	Ward Sister, APU
	Del Gunn	Centre Manager, Catch 23
	Emelin Collier	Head of Planning & Development
	Michael Cook	General Manager, CHASCP
	Neil Lawrie	CPN Team Leader (Lewis & Harris)
	Murdo MacLeod	Health Promotion Officer for Cancer & Mental Health
	Katie MacPherson	Alzheimer's Scotland
	Catherine MacKenzie	Chair, Alzheimer's Scotland
	Dr Steven Welsh	Consultant Psychiatrist
	Dr Elaine Anderson	Consultant Psychiatrist
	Rebecca Mahony	Manager, Penumbra
	Dr Ruth McKinlay	Principal Officer (Planning & Development), CnES

The Chair welcomed Murdo Macleod to this meeting.

1. Apologies

Apologies were received from Anne Hutchison, Mike Sullivan, Dr Davis, Mary Bremner, George Whyte, Alan Monks, Ella MacBain, Karen Toovey, Isobel MacKenzie, Joan Tilley, Norrie MacRitchie, Debbie Bawden and Elaine Campbell.

2. Approval of Minutes of 14th November 2007

The minutes of the last meeting were approved by Del Gunn and seconded by Neil Lawrie.

3. Matters Arising

3.1 CHaSCP

Mr Cook stated that Mr Blackman has now left but will be coming back for 2 days a month for 5 months. All the committees and locality groups are up and running and have set their targets for the coming year. They are meeting this afternoon to look at how they will replace Mr Blackman and Miss Strachan who has also left.

3.2 JLIP Funding

Mrs Collier and Dr McKinlay met with Mr Blackman regarding this before he left. He did give them a summary on the state of the fund, it will be on the agenda for the next meeting for discussion. There is slippage in this fund as the Mental Health Occupational Therapy post has not yet been replaced. The slippage will need to be accounted for. The JLIP fund is ringfenced money.

WIAMH have still not received their funding from the JLIP fund. Michael Cook agreed to chase this up and speak to Donnie MacKenzie regarding it. It was noted that Advocacy Western Isles are also in the same position. Mr Cook stated that Comhairle nan Eilean Siar and NHS Western Isles are in the process of finalising all the Service Level Agreements (SLA's) for the Voluntary Organisations. The requirement of an SLA's with the voluntary organisations is a CHASCP issue. The voluntary organisations are required to provide information on what services they are going to provide and what the costings will be. Their funding will be allocated on the basis of the SLA. Niall Shaw stated that WIAMH have heard about entering into a SLA with the CHASCP but they have not been invited to take part in any of the discussions. Michael Cook agreed to look into this and will add WIAMH into the discussions. It was stated that voluntary organisations are receiving their core funding, it is just the JLIP funding which has still not been released. If next years JLIP funding goes into the general allocation then it will need to be extracted into the JLIP budget code.

4. Action Points

The action points were discussed and updated.

At this point in the meeting a discussion took place regarding Uist representatives attending meetings and the funding of their travel. Travel for staff should be paid through their own department budget. Travel for volunteers could be paid through some of the Mental Health budgets. Michael Cook agreed to have a look at the budgets and see if this is possible.

Rebecca Mahony joins the meeting.

It was also stated that it is important for people in Stornoway to go to Uist to get a perspective on their issues. Also that the Scottish Government should be mindful of our geography and give us more funding for travel.

With regard to the OFTTI project it was stated that there are consultants coming over to look into this and that there may be some changes in the project, but people will be involved in the discussion process.

The Mental Health Occupational Therapy post was delayed due to the replacement of the Head of Occupational Therapy. This has taken longer than wished therefore they have agreed to advertise the Mental Health Occupational Therapy post, this was also agreed by the Mental Health Partnership. Michael Cook agreed to now take this forward.

Mr Lawrie asked about the IReach 2006-2007 Annual Report and Mr Shaw stated that they are working on this at the moment.

5. Action Plans Feedback

It was agreed that the agenda needs to be restructured. Emelin Collier has a list of topics which would need to come under this item, i.e. Suicide Prevention Action Plan, CAMHS action plan, Delivering for Mental Health and the Mental Health Review.

A report needs to be received back following on from the APU review.

Suicide Prevention – Choose Life finding is currently up until the end of March 2008. Next years allocation will be moving into the general allocation for Comhairle nan Eilean Siar. Nationally Choose Life has moved into the Scottish Government Health Department Mental Health Division. Locally Choose Life will continue after March 2008.

CAMHS – the interviews will be held tomorrow for the 2 CAMHS Nurse posts. The ‘Introduction to Child & Mental Health’ training course was well attended and the next two courses have been organised. The CAMHS Team have also managed to secure their accommodation in the Health Centre.

Dr McKinlay joined the meeting.

ASIST Training – it was stated that there is a list of staff groups which need to be trained by 2010. Therefore there is a great need to make sure that there are enough people trained locally to deliver ASIST. Alex McMahon has agreed to allocate some free places for the T4T course in March 2008. Members were urged to spread the word about the ASIST training and the T4T course. 300 plus people have already participated in the ASIST training locally. Need to get as many ASIST trainers locally, to train our own staff. Elaine Campbell will have a breakdown as to which staff groups have already received the training.

Choose Life and CAMHS are now included within the Mental Health Division and the Scottish Government.

It was suggested to ask the centre to deliver the ASIST T4T course here in the Western Isles, it was noted that Alex McMahon is looking into this on our behalf. It was asked if there is any evidence base that having more people trained really does reduce the risk of suicide. It is not just about the people who have completed suicide its also

about the people who are left behind. Del Gunn stated that the training has improved the quality of service WIAMH can offer.

It was agreed to keep ASIST training and Choose Life on the agenda.

It was also agreed to have all the action plans listed on the next agenda.

6. ICPs

It was noted that Anne Hutchison was unable to attend the meeting but things are moving forward on this.

7. Clisham Garden Project

The Clisham Garden Project has now turned into the Leadership Programme. Emelin Collier on behalf of NHS Western Isles has submitted a bid to this programme for the Clisham Project. A response as to whether or not the bid was successful will be received by Friday 18th January 2008.

At this point in the meeting Dr Welsh stated that there is a need to make sure that Clisham beds are not being taken up by other patients, i.e. when the hospital is stretched. It was agreed that that is an issue for the Inpatient Forum to discuss.

8. Child & Adolescent Mental Health Service (CAMHS)

This item was already discussed under agenda item 5.

9. Mental Health OT Document

It was agreed that members of the Partnership need to read this document and have any comments on it back to Michael Cook no later than the Friday 1st February 2008.

10. Mental Health Partnership Structure

Ernie Garden, Dr McKinlay and Emelin Collier need to meet again to discuss this. There are currently 35 people on the membership of the Mental Health Partnership which can cause problems when arranging meetings and securing venues. It was agreed that the partnership needs to be made more efficient. They are looking into the proposal of having a small group meeting more regularly and the larger partnership to meet less regularly. Information sharing and the planning function needs to be separated.

11. Draft - Psychiatric Emergency Plan

It was agreed by the Partnership to convene a small group to look at the Psychiatric Emergency Plan and to make sure that it is in keeping with the Mental Health Act. Alison Maclean agreed to organise a meeting of the following people to discuss this:

Joan Tilley

Dr Steven Welsh

Karen Toovey

Norrie MacRitchie

Mentally Flourishing Scotland

Emelin Collier stated that there is a discussion document - '*Towards a Mentally Flourishing Scotland: The Future of Mental Health Improvement in Scotland 2008-2001*'. Stakeholder events will be held in Stornoway and Benbecula in the next few months and a report will have to be sent back to the Scottish Government by the middle of March 2008.

12. Correspondence Received: -

12.1 Suicide Accident and Incident Reporting Scheme - from Jan Warner and Dr Donald Lyons

12.2 Health Professions Council, applied psychologists consultations - from Anna van der Gaag

All correspondence was received and noted.

- 13. Documents Received: -**
- 13.1 Mental Welfare Commission - Our Annual Report 2006-2007 and Our overview of Mental Welfare in Scotland 2006-2007**
 - 13.2 Staying Connected - Issue 5, Autumn 2007**
 - 13.3 Joint inspection of services to protect children and young people in the Western Isles Council Area - November 2007**
 - 13.4 The Point - Winter 2007**
 - 13.5 With Inclusion in Mind - The local authority's role in promoting wellbeing and social development - Scottish Government**
 - 13.6 NICE clinical guideline 45 - Antenatal and postnatal mental health**
 - 13.7 NICE clinical guidelines 51 and 52 - Drug misuse, psychosocial interventions and opioid detoxification**
 - 13.8 CEL 13 (2007) - Guidance for forensic services**

All documents will be posted on the Mental Health Partnership website for members to access.

- 14. Minutes of other meetings: -**
- 14.1. Mental Health - CMT**
 - 14.2. Learning Disabilities Partnership - 20th September 2007**
 - 14.3. WIAMH**
 - 14.4. Dementia Services Strategy Group**
 - 14.5. Older People's Partnership**

All minutes which were received were noted.

15. Any Other Competent Business

There was no other business.

16. Date of next meeting

The next meeting will be held on the 20th February 2008 at 9.30am in the Board Room, NHS Western Isles.