

## Minutes of Meeting

Wednesday 18<sup>th</sup> November 2009

Classroom, Education Unit, Western Isles Hospital

### Members Present:

Ernie Garden	Chair	Isobel MacKenzie	Housing Strategy & Development Officer, CNES
Rebecca Mahony	Chair - WIAMH	Anne Hutchison	Mental Health Collaborative Manager
Del Gunn	Centre Manager Catch 23	Neil Lawrie	CPN Team Leader Lewis & Harris
Gordon Macleod	Chief Inspector, Stornoway Police	Mike Hutchison	Mental Health & Learning Disabilities Manager
Norrie MacRitchie	CPN Team Leader Uist & Barra		

The Chair welcomed Chief Inspector Gordon Macleod to the meeting.

### 1. APOLOGIES

Apologies were received from Kenna Campbell, Emelin Collier, Paul Dundas, Karen Toovey, Elaine Anderson, Christine MacLennan, Elaine Campbell, Katie MacPherson, Kathryn Chisholm, Mary Bremner, Karen Toovey and Kenny Thom.

### 2. APPROVAL OF MINUTES – 7<sup>th</sup> October 2009

The minutes of the last meeting were approved as an accurate record of that meeting.

### 3. MATTERS ARISING

#### 3.1 Issue:

Discussion: There were no matters arising

**Decision:**

### 4. Action Points

Issue:

Discussion: There were no action points following the last meeting.

**Decision:**

### 5. Chair of Partnership

Issue: Resignation of chair and appointment of new chair.

Discussion: Ernie Garden has now resigned as chair of the Partnership, he stated that he has been chair for a number of years and now feels that it is time to let someone else chair the meeting.

The attendance at the meeting today is poor, therefore a decision regarding the chair cannot be made.

A discussion took place with regard to the Mental Health agenda and the amount of targets the NHS have to meet.

Ernie Garden thanked everyone for their support and the members present thanked him for his support over the last few years.

This was also Neil Lawrie's last Partnership meeting and the Partnership thanked him for his time and contribution.

It was agreed to review the terms of reference for the Partnership and the letter from the Scottish Government regarding Mental Health Partnerships.

There will also be an implementation group set up to take forward the recommendations from Dr Linda Watt's report which will involve key stakeholders.

**Decision: Mike Hutchison agreed to chair the next Partnership meeting.**

#### **6. Penumbra Update**

Issue: Update on Penumbra

Discussion: Rebecca Mahony stated that she has left Penumbra and is now on the Partnership in her role as Chair of WIAMH.

There is an Interim Support Manager Kenny Thom in place for Penumbra. The relaunch of service was successful and there is funding and SLA's are in place for the next three years.

Del Gunn stated that WIAMH now have a formalised lease with Penumbra and their rent has been increased but is still a fair rent for the premises.

**Decision:**

#### **7. Review of Mental Health Services – Dr Watt Report**

Issue: Update on the progress of the report.

Discussion: The report has now been approved by NHS Western Isles and an Implementation Team will be established to take the recommendations of the report forward.

All the posts which were part of the recommendations are unaffordable, but some of the recommendations need to be put into place at no extra cost to the Board.

**Decision:**

#### **8. Towards a Mentally Flourishing Scotland: Policy & Action Plan 2009-2011**

Issue: Update on the progress of the policy and action plan.

Discussion: Kenna Campbell is the lead for this document, as she was unable to attend the meeting this item will be taken forward to the next meeting.

**Decision:**

## 9. **Mental Health Implementation Review**

Issue: Update on the reviews.

Discussion: The Mental Health Implementation review with the Scottish Government was held on the 11<sup>th</sup> November 2009. Anne Hutchison and Del Gunn were in attendance and the focus of the review was on the HEAT targets.

Anne Hutchison stated that the Board are going to struggle to meet the Collaborative targets, which include psychological therapies and anti-depressant prescribing. There is a need to reinvest the funding which the board has received rather than employing a psychologist, i.e. training the staff which are currently in post. There is still no medical prescribing advisor and Dr Jim Ward is looking into this and accessing services currently available.

For all the drugs relating to mental ill health the Highland Formulary is adapted and used. There is an urgent need for a prescribing advisor.

With regard to CAMHS, the Government are proposing to have a target around waiting times for referral to treatment. Currently there is no waiting time for CAMHS locally. However this will need to be monitored. There will be guidance issued once the target is in place.

The Board are on target to meet the suicide prevention targets.

With regard to the Mental Health Nursing review funding, finance still do not know what the funding allocation was spent on and nobody seems to know where the funding has gone.

Anne Hutchison and Mike Hutchison are meeting with I.T. to look at mental health systems which will help to record the data required.

### **Decision:**

## 10. **Mental Health Collaborative**

Issue: Update on the progress of the Collaborative

Discussion: Anne Hutchison stated that the Board are on target to meet the dementia target. There were 212 people on the register at the end of October 2009. A dementia diagnosis pathway is being put into place for the GPs. The GPs are happy to do what is required and it will be piloted with North Lochs Medical Practice.

There are problems with meeting the anti-depressant prescribing target and this target is being reviewed. Dr Jim Ward is the supporting director for the Mental Health Collaborative.

The readmission targets have been met by the Board but need to be sustained. There is still a problem with the SM04 data and it being submitted.

A visioning day for admission to APU was held. Dr Elaine Anderson is leading on this with regard to looking at the admissions to the ward. Patients are being admitted who do not meet the admission criteria. There will be another visioning day on Friday 20<sup>th</sup> November 2009. The aim of the day is to look at reducing the

admissions and readmissions. There will also be a visioning day in the community which will look at the services available.

It was stated that there are not enough staff in the community to deal with the current workload. This is also an issue for Comhairle nan Eilean Siar with regard to homelessness and once the person has a roof over their head there seems to be a lack of support. There are not enough staff to go around. This issue is being reported back to Ian MacAulay.

Once the APU ward is full some of the clients end up at WIAMH and this may not be a suitable place for them as they may not be ready for their services. The hospital is for complex patients.

It has been agreed to focus on the APU ward first until you get the patient safety movement and then move it out to the community. As services move out into the community the resources need to be moved too. All parts of the service needs to be looked into.

Mike Hutchison, Emelin Collier and Dr Jim Ward are going to meet to discuss the psychological therapist post and the training needs of current staff and which training they would be best suited to have. The training will be spread out between hospital and community staff.

Currently there is no major impact on the police, there are one or two people they deal with but there are services in place for them. Police let social services know about any contact they have with the individual concerned.

**Decision:**

**11. ICPs**

Issue: Update on the progress of the ICPs

Discussion: Anne Hutchison stated that the Board were successful in achieving accreditation at level one. There is still a lot of work to do around governance and joint governance with Comhairle nan Eilean Siar and working on I.T. systems. There is the funding available for the ICP facilitator post. The post has been banded and now have to find them accommodation before the post can be advertised.

There is an issue with the read code ICD10 note being put on the discharge letters. This should also be put on any letters which are sent regarding the patient. It was suggested to do an audit of the use of read codes in primary care.

**Decision:**

**12. Mental Health Occupational Therapy**

Issue: Update on service.

Discussion: Ms Chisholm was unable to attend the meeting therefore a report was requested for the next meeting. However it was stated that the photo exhibition went really well and the event was excellent. The project had given people a lot of confidence and they were so happy to have the opportunity.

Del Gunn stated that they have been very happy with Ms Chisholm's involvement with Catch 23.

The Partnership were impressed with the work that Ms Chisholm has done so far but acknowledge that she needs more support and that she is stretched and covers Uist and Barra as well.

**Decision:**

**13. Draft - Psychiatric Emergency Plan**

Issue: Update on the Psychiatric Emergency Plan

Discussion: Joan Tilley is the lead for this document.

Norrie MacRitchie is involved in this document and he is going to deal with the place of safety in the Southern Isles which will help with the plan.

**Decision:**

**14. Clisham Project - Leadership Programme**

Issue: Update on the Leadership Programme

Discussion: Emelin Collier was not in attendance. The Clisham Group are working on the final report which will be submitted to the Board.

**Decision:**

**15. Child & Adolescent Mental Health Service (CAMHS)**

Issue: Update on the service.

Discussion: There is no update at the moment.

**Decision:**

**16. Correspondence Received**

Issue:

Discussion: There was no correspondence received.

**Decision:**

**17. Documents Received**

Issue:

Discussion: There were no documents received.

**Decision:**

**18. Minutes of other meetings**

**18.1 Mental Health CMT**

Mike Hutchison stated that there is still no admin support for this meeting, therefore the group have not met.

**18.2 Learning Disabilities Partnership**

**18.3 WIAMH**

**18.4 Older Adults Mental Health Forum**

**18.5 Older People's Partnership**

**18.6 Inpatient Forum**

Mike Hutchison stated that he will be meeting with Nigel Hobson, Nurse Director / Chief Operating Officer where this will be discussed.

It was stated that as from February 2010 the Inpatient Forum progress will be monitored monthly and a report will have to be sent in to the Scottish Government.

Mr Hutchison stated that the Single Operating Division meeting is now taking place every two weeks and will monitor what work needs to be taken forward.

**18.7 Clisham Project**

**19. AOB**

**19.2 CPN Team Leader (Lewis & Harris)**

Mike Hutchison stated that this post will be advertised. The job description has been rewritten and has been banded and the KSF outline has been approved and it will go out to advert.

**19.3 Mental Health Tribunal**

Mike Hutchison stated that the venue for a Mental Health Tribunal has now been agreed as the Clinical Skills Area in the Western Isles Hospital. Risk of cancelling any training is a lesser risk. A videolink has happened in the past but it has now been agreed that this is not appropriate.

**21. DATE OF NEXT MEETING**

**Date: 20<sup>th</sup> January 2010**

**Time: 9.30am till 11.30am**

**Venue: Meeting Room 2, NHS Western Isles**

**The dates for 2010 were agreed.**

**END**