

Minutes of Meeting

Wednesday 3rd June 2009
Meeting Room, NHS Western Isles

Members Present

Ernie Garden	Chair	Emelin Collier	Head of Planning & Development
Alison MacLean	APU Ward	Neil Lawrie	CPN Team Leader Lewis & Harris
Rebecca Mahony	Penumbra Manager	Elaine Campbell	Choose Life Coordinator / Planning & Development Officer
Christine MacLennan	Lifestyle Centre Manager	Murdo MacLeod	Patient Safety Programme Manager
Anne Hutchison	Mental Health Collaborative Manager	Katherine Chisholm	Mental Health Occupational Therapist
Del Gunn	Centre Manager - Catch 23	Paul Dundas	Adult Services Manager, Comhairle nan Eilean Siar
Frances Daniels	Learning Disabilities Nurse	Karen Toovey	Senior Practitioner (Mental Health), Community Care Team
Elizabeth Shelby	Alcohol Liaison Nurse		

1. APOLOGIES

Apologies were received from Kenna Campbell, Dr J Davis, Isobel MacKenzie, Mary Bremner and Dr E Anderson.

2. APPROVAL OF MINUTES - 15th March 2009

The minutes of the last meeting were approved as an accurate record of that meeting.

3. MATTERS ARISING

- 3.1 Issue: Minutes of 4th March - comments received from Nigel Henderson.
Discussion: Ms Mahony stated that Mr Henderson is sending the Chair a letter regarding the minutes.

Decision:

4. Review of Mental Health Services

Issue: Update on progress of the review.

Discussion: There was nobody in attendance who had been involved in the Development day following the review. Therefore this item will carry forward to the next meeting.

Decision:

5 Penumbra Update

Issue: Update on current situation.

Discussion: Rebecca Mahony handed out a memo to the Partnership.

The memo stated that discussions have taken place with Comhairle nan Eilean Siar and NHS Western Isles regarding the future of the Supported Living Service and the Support Accommodation Service currently provided in the Western Isles.

With regard to the Support Accommodation service, Penumbra and Comhairle nan Eilean Siar have carried a review and a re-assessment of the people currently living in the accommodation. It has been agreed that those people will be given their own Tenancy and Penumbra will reduce the support currently offered, with Home Care Services providing the additional support. As a consequence of this there will be significant reduction in service from Penumbra and therefore a reduction in Penumbra's staffing requirement, they are currently in negotiation with staff in relation to this.

With regard to the Supported Living Service, Comhairle nan Eilean Siar have asked Penumbra to provide a proposal for a reconfigured service. Penumbra have met with representatives from the Comhairle and Health Board to discuss this proposal. As a result of that discussion Penumbra have agreed with the Comhairle and Health Board the details of a reconfigured service. A Service Level Agreement has been agreed for the next three financial years.

The proposal involves a significant redesign of the current Supported Living Service to achieve a more efficient, cost effective service with the potential to achieve more recovery-focused outcomes for service users. The new service will allow for greater flexibility in supporting people, and will be based on a similar model to Penumbra's Nova Projects.

The model of 'fade in and fade out' support enables staff to provide more support to service users at times of greater need and to reduce or stop support when appropriate, therefore providing greater efficiency and flexibility within the individuals support arrangements. Situations where service users are over supported are avoided and opportunities to promote independence created. This will allow for improved monitoring, evaluation and review of support received by individuals (in conjunction with all other relevant parties involved in their care and support). The service is designed to be time-limited and will only continue if clear objectives are agreed through the review process.

Penumbra have kept service users fully informed throughout the last few months and it is hoped that they can now move forward and focus on achieving the best outcomes for all.

The reconfigured service will be starting from 1st July 09 in the Bayhead premises and there will be a re-launch of the service to coincide with Mental Health Week in the Autumn.

Comhairle nan Eilean Siar have asked for a review of the referral process. Ms Mahony was looking for members from Health and the Comhairle to join a Referral Panel, Karen Toovey agreed to take the request back to John Edwards, for a member of his team to be nominated. Neil Lawrie agreed to find a representative from the CPNs.

Decision: **Karen Toovey to contact John Edwards regarding a rep from Social Work attending the Referral Panel.**
Neil Lawrie to find a rep from the CPN team to attend the Referral Panel.

6. Action points

Issue: Review action points.

Discussion: There were no action points for review.

Decision:

7. Mental Health Manager Post

Issue: Update on progress of post.

Discussion: Michael Cook was not at the meeting therefore there was nothing to update. Neil Lawrie stated that there was a meeting organised with regard to this post which was cancelled. Therefore he is not sure what the status of this is.

It was however stated that Sheena Wright, Nurse Director / Chief Operating Officer is looking at the job description as the post will report to the Nurse Director / Chief Operating Officer.

Decision:

8. Choose Life

Issue: Update on project.

Discussion: Elaine Campbell gave an update on the Choose Life project. STORM training for trainers will be taking place next week, there are five people registered for the course.

Kenna Campbell is now an ASIST trainer and the ASIST training calendar will be distributed later today. There is still a problem with people engaging with the course and attending.

With regard to Suicide Prevention Awareness Week, the theme is still to be announced. During the week there will be events in Stornoway as well as Uist & Barra.

Decision:

9. Mental Health Implementation Review / Mental Health Nursing Review

Issue: Update on the reviews.

Discussion: It was noted that the letter from the Scottish Executive following the Mental Health Implementation Review has not yet been received therefore there was nothing to update on this item.

Decision:

10. Mental Health Collaborative

Issue: Update on the collaborative.

Discussion: Anne Hutchison gave an update on this item. The collaborative work is ongoing. NHS Western Isles is on target to meet the Dementia and Readmission HEAT Targets. It is unlikely that NHS Western Isles will meet the antidepressant prescribing target. Work is ongoing nationally and locally to meet the targets.

Scottish Recovery Indicator training was held for staff at the end of May 09.

It was noted that Dundee University is conducting research into the use of alternative therapies. The research concluded that complementary therapies were most effective when used in conjunction with antidepressants. It also depends on the nature of the illness as to what will be most effective. There have been some cases where two different types of antidepressants are being used at the same time which is effective. NHS Western Isles is a pilot area for the Living Well project, which aims to reduce the use of antidepressants. It was noted that GPs received direct communication regarding antidepressant prescribing and Anne Hutchison attended a meeting of the GP subgroup. NHS Western Isles has no Medical Prescribing Advisor, and cannot access that service through the Highland Partnership Agreement. Christine Mckee is looking at finding someone to do this through the CHaSCP.

Decision:

11. ICPs

Issue: Update on progress of ICPs.

Discussion: Anne Hutchison gave an update on the ICPs. Funding was identified for a ICP Facilitator. The post in other Health Board areas has been banded at a band 7, but when the post locally went to the Agenda for Change banding panel it was returned as a band 4 which is not a suitable banding. The development of the ICPs cannot move forward without a facilitator in post. Anne Hutchison is working to get this rectified. The deadline for accreditation of the ICPs is July 2009, which NHS Western Isles is unlikely to meet.

The Mental Health Review outcomes will have an impact on the ICPs therefore Anne Hutchison is waiting for the results of the review.

At this point in the meeting a discussion took place regarding the Mental Health Review Development Day which was held at the end of May 2009. Del Gunn stated that there seemed to be an agenda already rather than an open discussion. The review team made a comment that some of our staff are stuck in the past and not willing to move forward. The staff on the APU Ward have not been fully informed as to what is happening with regard to the review and its possible outcomes. The Mental Health Review will have to go out to public consultation before any changes or improvements are put into place. Members of staff are open to change if they are kept informed of the discussions. Many staff who attended the development day felt that there was a pre agenda on the day. It was noted that the Chief Executive and the Chair of NHS Western Isles commissioned the Mental Health Review. Staff

will welcome change as the mental health services cannot carry on in their present format. There is no Service Level Agreement or Obligate Network in place for Mental Health services. A report following the review will be produced and presented to the Board at their meeting in July 2009.

The Partnership was disappointed to learn that Neil Lawrie and Kathryn Chisholm were not invited to the Mental Health Review Development Day.

Decision:

12. Mental Health Occupational Therapy

Issue: Update on service.

Discussion: Kathryn Chisholm gave an update on the Mental Health Occupational Therapy service. Ms Chisholm has been in post for seven months now and the profile of service is now high. Ms Chisholm is now working with a good case load and she is now being able to give a much more holistic service. She is working on discharge planning at the moment. Ms Chisholm spent two days in Inverness with her mentor which went well and they have a good relationship together.

Ms Chisholm is now the local representative for the AHP Network group, which is a new group which has been set up. She is also a member of the Scottish Governments Mental Health AHP Action Group.

At the moment there is no input in Uist & Barra but the Occupational Therapy staff there are able to deal with any patients which need the service.

Decision:

13. Draft - Psychiatric Emergency Plan and APU Review

Issue: Update on progress.

Discussion: It was noted that the APU Review is now part of the general Mental Health Services review.

There was a meeting held last week to discuss the Psychiatric Emergency Plan, which still needs a lot of work done on it. Dependent on the outcome of the Mental Health Review the plan may need to be amended. Places of safety are the biggest stumbling block. The current appointed place in A & E is not appropriate. It was noted that Inspector Black is passing a copy of the standards the Police have for there cells to the group who are looking at the Psychiatric Emergency Plan. This work is ongoing.

Decision:

14. Psychological Therapies

Issue: Update on situation.

Discussion: Emelin Collier gave an update on this item.

NES have allocated funding of £29,000 recurring for three years for psychological therapies. Therefore NHS Western Isles is now in a position to recruit a full time psychologist. Emelin Collier and Iain Fox have been working on the job description.

An audit will need to be carried out, looking at what is already being provided and what needs to be developed. A needs assessment will have to be completed and the

level of supervision and mentoring for the post will need to be looked into. The post will also have a clinical case load. It is hoped that the therapist will be in post in four to six months time. The post will link in with the psychologists in the Comhairle which will help with support for them.

Decision:

15. Clisham Project - Leadership Project

Issue: Update on progress of the project.

Discussion: The Clisham Project report will be presented at the NHS Western Isles Board meeting at the end of July 09 which will link in with the Clinical Strategy. Consultation on the Clinical Strategy will begin in August.

The official Leadership Programme ended yesterday and the local group attended the final meeting and produced posters and reports for that meeting.

The Clisham Garden project has started.

Decision:

16. Lewis Street Proposal

Issue: Update on proposal.

Discussion: Isobel MacKenzie was not at the meeting, therefore this item will carry forward to the next meeting.

Decision:

17. Child & Adolescent Mental Health Service (CAMHS)

Issue: Update on service.

Discussion: Emelin Collier gave an update on the CAMHS Service. NHS Western Isles has been successful in a bid for £13,700 from the national team. The funding will be used for a post in Uist & Barra and it is recurrent funding. Ms Collier is looking at ways of using that funding in the best possible way.

Decision:

18. Mental Health Research Unit - UHI

Issue:

Discussion: Emelin Collier stated that Dr Collacott, Professor of Health & Wellbeing at the University of the Highlands & Islands is establishing a Mental Health Research Unit. Ms Collier asked if the Partnership should invite someone from the Research Unit to attend the Partnership, this was agreed. It was noted that there is usually an opportunity for funding for research so it would be good to link in with them.

Decision: Chair to write a letter to Dr Collacott regarding a nomination for someone from the Mental Health Research Unit to attend the Partnership.

19. With Inclusion in Mind

Issue:

Discussion: Karen Toovey asked that this item be postponed to the next meeting. With Inclusion in Mind is connected to the Mental Health Care and Treatment Act.

Decision: It was agreed to carry this item forward to the next meeting.

20. Correspondence received.

Issue:

Discussion: There was no correspondence received.

Decision:

21. Documents received.

Issue:

Discussion: There were no documents received.

Decision:

22. Minutes of other meetings:-

22.1 Mental health - CMT

22.2 Learning Disabilities Partnership

22.3 WIAMH

22.4 Older Adults Mental Health Forum

22.5 Older People's Partnership

22.6 Inpatient Forum

22.7 Clisham Project

23. AOB

23.1 Carloway Centre

It was noted that the Carloway centre is still open. The service is registered for 20 adults and there are currently nine people taking up the service and there will be a referral process after the resettlement following the closure of OFTTI. What is on offer in Carloway is a variation of Grianan. The Comhairle are looking at what is currently unmet and will come back with an update.

23.2 OFTTI

On the award of contracts from HILLS tender process, it is anticipated that there will be a 12 week notice/handover period. The Social Work Department are undertaking SSA for those currently registered to assess whether a Day Care service or employability option is appropriate. The Comhairle will have responsibility for providing Day Care Provision for those that have an assessed need and are adversely affected by the closure of OFTTI. A report will be written to address future staffing provision. Staff at OFTTI have been asked to notify the Comhairle if they are interested in applying for Social Care positions.

23.3 Lifestyle

Christine MacLennan stated that the Lifestyle Centre is now being asked to move out of the Town Hall to make room for Comhairle staff to move in. They were initially told that they would have to move out because of the building work not due to staff. Iain MacAulay has told them that they would have to move out in November but they have not heard anything official. Helen Mackenzie has assured Christine MacLennan that they will get back in to the Town Hall. They could move in to space on the ground floor which would be better for them. There is ongoing work to be done on the front of the Town Hall. They will only have the other premises for 18months and are worried that it will not be long enough as they are not sure how long the work on the Town Hall will take. They have nothing in their budget to cover the new rent but the Comhairle have agreed to pay their moving costs and their rent for the 18 months. They are happy with the move and open to moving back to a different place.

23.4 Learning Disabilities

The option appraisal is a process of assessing the feasibility of a building replacement of Ardseileach and the resettlement of its service population. It will look broadly at the needs of current respite service users, those not receiving a service (but who may shortly or currently require one) and considering as wide as those in mainland placements who it may be appropriate to assess the options of available accommodation and support on the islands, where this is of best interest for the individual. Social Work Department teams are assessing those known to services and engaging as to current and future need to best inform the option appraisal process. A group of representatives will be sought to work in steering the development of new accommodation and facilities when the options are clearer.

23.5 Appropriate Adults Network

Karen Toovey stated that the Western Isles will be a pilot area for the Scottish Appropriate Adults Networks. What this means is that if someone with a mental disorder is brought into the police for interviewing then an appropriate adult needs to be present. There will be training for anyone who would like to fill that role. The Appropriate Adults Network will be monitored nationally.

24. DATE OF NEXT MEETING

Date: Wednesday 15th July 2009
Time: 9.30am
Venue: Meeting Room 2, NHS Western Isles

END