

Western Isles Mental Health Partnership



Minutes of Meeting

Wednesday 18th August 2010
Meeting Room 2, Health Board Offices

Members Present:

Neil Lawrie	Chair	Emelin Collier	Head of Planning & Development
Elaine Campbell	Planning & Development Officer	Kenna Campbell	Senior Health Promotion Officer
Prof Collacott	Lews Castle College	Frances Daniels	Learning Disabilities Nurse
Del Gunn	Centre Manager – Catch 23	Isobel MacKenzie	Housing Strategy & Development Officer
Norrie MacRitchie	CPN Team Leader – Uist & Barra	Debs Cruden	Penumbra Manager
Sonja Smit	Occupational Therapy Services Manager	Debbie MacRae	CPN Team Leader – Lewis & Harris
Joan Tilley	APU Ward Manager – CAMHS Lead Nurse		

Emelin Collier welcomed Neil Lawrie to his first meeting as Chair. Neil Lawrie stated that the Mental Health Partnership has become sidelined over the last few years, therefore there is a need to get it organised and he is looking forward to his time as Chair.

1. APOLOGIES

Apologies were received from Steven Black, Karen Toovey, Mike Hutchison, Elizabeth Shelby, Paul Dundas, Katie MacPherson, Anne Hutchison, Elaine Anderson and Kathryn Chisholm.

2. APPROVAL OF MINUTES

The minutes of the last meeting were approved as an accurate record of that meeting by Del Gunn and seconded by Isobel MacKenzie.

3. MATTERS ARISING

3.1 Issue: Mental Health CMT

Discussion: It was stated that this is now being dealt with by Mike Hutchison. This group along with the Inpatient Forum should now be meeting.

Decision:

4. Action Points

Issue:

Discussion: There were no action points following the last meeting.

Decision:

5 Local Housing Strategy

Issue: To remind members of the strategy consultation.

Discussion: Isobel MacKenzie would like to remind members that the consultation is still open for the new housing strategy. The consultation document has been circulated and members are urged to send it round their staff groups. This consultation is open until the end of September and is available via the Comhairle nan Eilean Siar website. Support is the main issue for mental health rather than accommodation. It was stated that there is a problem with the Hebrides Alfa project as they cannot staff the accommodation they have.

Decision: All members to complete the consultation document and to circulate it round their areas.

6. Psychological Therapies

Issue: Update on progress

Discussion: It was stated that the NHS 24 CBT service is being re-launched. The service has not been working well over the five pilot sites, it is thought that this could be due to a lack in marketing. The Scottish Government are still funding this pilot. There is a need to put more effort into promoting the service during mental health awareness week in October. Small information cards have been sent which will be distributed with staff payslips. Isobel MacKenzie was asked to find out how that can be done for Comhairle nan Eilean Siar staff.

Funding has been allocated for Brief Solution Focused Therapy training to be delivered locally.

Discussions with Dundee University regarding training are still ongoing.

It was confirmed that there will not be a Psychological Therapist post.

Decision: Isobel MacKenzie will find out how the cards can be distributed to staff at the Comhairle.

7. Mental Health Strategy Implementation Plan

Issue: Update on the progress of the implementation plan.

Discussion: Emelin Collier stated that the CAMHS strategy, the Dr Linda Watt report and the Clisham report are all being pulled together into one implementation plan. Dr Jim Ward has established the Mental Health & Learning Disabilities Integrated Planning Group who requested that the plan be developed.

Neil Lawrie has been asked to meet with Dr Ward with regard to him joining this group and to discuss the implementation plan. Mr Lawrie's view is that the Partnership need to be represented on that group and involved in the public consultation side of planning. It was stated that Dr Linda Watt's document did have a wide consultation. It was also stated that the Clisham report has not been tabled at the Board meeting, however it will still be included in the implementation plan.

Prof Collacott stated that this is an issue which has been ongoing for a number of years. He welcomes the implementation plan, however it is dragging its heels and needs to be completed. There is a gap here, what are the mental health issues for the Western Isles? The suicide rate is high compared to the rest of Scotland and there is a reputation for alcohol abuse. The Western Isles has an ageing population therefore our dementia rate is high. There is a gap in our knowledge and we need to examine some of these issues. There has not been in depth research into the needs of the population and solutions to them.

The Clisham report meets some of the needs and links in with the research aspect, however some issues need to be dealt with now.

There is a risk that unless we have the right information, funding could be spent in areas that are not essential.

It was agreed that there needs to be a discussion around the Mental Health & Learning Disabilities Integrated Planning Group and the Mental Health Partnership and to review the constitution of the Partnership. The level of non attendance at the partnership is still an issue and needs to be addressed.

Decision: Neil Lawrie will write a letter to the members of the Partnership regarding non attendance.

Janet MacKenzie to find the constitution or terms of reference for the Mental Health Partnership.

8. Towards a Mentally Flourishing Scotland: Policy & Action Plan 2009-2011

Issue: Update on progress towards the action plan.

Discussion: Kenna Campbell produced a report following the events which were held in March. The report was well received and the only comment is that names should be linked to the actions.

Decision:

9. Mental Health Implementation Review with the Scottish Government.

Issue:

Discussion: It was agreed to take this item off the agenda.

Decision:

10. Mental Health Collaborative

Issue:

Discussion: Anne Hutchison was not in attendance therefore this item was not discussed.

Decision:

11. ICPs

Issue:

Discussion: Anne Hutchison was not in attendance therefore this item was not discussed.

Decision:

12. Mental Health Occupational Therapy

Issue: Update on the progress of the service.

Discussion: Sonja Smit stated that the pilot period for the clinics in the Uist is now closed and Kathryn Chisholm will be producing report for the next meeting. The clinic was not well attended, therefore it may be difficult to keep the service going. The clinic was only for assessment and recommendations so staff may have not wanted to refer to the service. Ms Smit is therefore now looking at offering a specialist advice service instead as she cannot justify having a member of staff in Uist to carry out this service.

From an OT perspective there is more need to have the staff member in the CAMHS team. However it was stated that there has been a huge resource input into CAMHS whereas older adults have been forgotten. If the service is not available then people will not refer.

Debbie Macrae joins the meeting.

OT can set up and design a service but there may be issues with regard to funding. Resources which are currently in mental health will be looked at critically, and some resources may be freed up and the funding reallocated. This will all be discussed further at the next meeting of the Mental Health & Learning Disabilities Integrated Planning Group.

At this point in the meeting Sonja Smit stated that the Scottish Government have now requested that specific AHPs leads be identified for specific areas. Therefore Christine Lapsley is the lead for children, Sheila Nicolson is the lead for rehabilitation and Sonja Smit is the lead for Mental Health.

Decision: Kathryn Chisholm to produce a report on the clinics in Uist.

13. Draft – Psychiatric Emergency Plan

Issue:

Discussion: This item will be carried forward to the next meeting.

Decision:

14. Child & Adolescent Mental Health Service (CAMHS)

Issue: Update on the service.

Discussion: It was stated that the CAMHS module at the UHI will be starting in September. There are five sponsored places for NHS staff, which have been allocated. The Introduction to CAMHS course is also still being run.

Decision:

15. Suicide Prevention

Issue: Update on the service.

Discussion: The invitations and information for Suicide Prevention Awareness Week will be sent out in the next few days. There will be a keynote speeches on Tuesday 7th September by Prof Stephen Platt and two users from the Highland Users Group. Church services will be held in Stornoway, Uist & Barra and they will be recorded on Isles FM and MG Alba. On Friday the 10th there will be a serious of walks in Stornoway and Uist. Also the Samaritans car will be travelling down to Uist. Partnership members are encouraged to attend the events.

Decision:

Joan Tilley joins the meeting.

Now that Joan Tilley joined the meeting CAMHS was discussed. Ms Tilley stated that they are still looking at developing the accommodation. A new member of staff has been appointed in Uist and they have a Learning Disabilities qualification.

With regard to the Draft Psychiatric Emergency Plan Joan Tilley stated that work is ongoing, however there are sticky points which are being worked on.

16. Correspondence Received.

Issue:

Discussion: There was no correspondence received.

Decision:

17. Documents received.

Issue:

Discussion: There were no documents received.

Decision:

18. Minutes of other meetings.

18.1 Mental Health CMT

It was stated that the new admin support will now be able to administer the meetings.

18.2 Learning Disabilities Partnership

There was no update.

18.3 WIAMH

There was no update.

18.4 Older Adults Mental Health Forum

It was stated that Karen Toovey was asked at a previous meeting to contact Ella MacBain with regard to re-establishing this group.

18.5 Older People's Partnership

It was stated that Kirsty Street is now the new Chair of the Older People's Partnership.

18.6 Inpatient Forum

It was stated that now that the new admin support has now been appointed they will be able to re-establish this group.

19. AOB

19.1 Penumbra

Kenna Campbell stated that due to the loss of Penumbra service in Uist, Tagsa Uibhist are now interviewing for a Mental Health worker.

Debs Cruden stated that the Penumbra service has been redesigned and is now recovery lead. If any member of the Partnership wants to meet with her to discuss this they can contact her.

19.2 Budgets

Neil Lawrie stated that there was an article in the Stornoway Gazette dated 8th April, which stated that "all NHS Western Isles clinical areas now have 22.5% additional finance added to their budget to cover absence from the workplace". Mr Lawrie asked all those present who are budget holders if this is the case, all stated that they have not received this additional funding.

Decision: Neil Lawrie will write to Gordon Jamieson, Chief Executive regarding this matter.

19.3 Royal College of General Practitioners

Prof Collacott stated that he has been asked by the Royal College General Practitioners to sit on a panel of experts on Learning Disabilities and represent Scotland. The Partnership congratulated him on this achievement.

Prof Collabott stated that he has also been invited as a visiting Honorary Professor to India with regard to Learning Disabilities. The Partnership also congratulated him on this.

20. DATE OF NEXT MEETING

Date: Wednesday 29th September 2010
Time: 9.30am
Venue: Meeting Room 2, Health Board Offices.

END