

# Minutes of Meeting

Wednesday 26<sup>th</sup> May 2010  
Meeting Room 2, Health Board Offices

## Members Present

Del Gunn	Vice Chair – Catch 23 Centre Manager	Anne Hutchison	Mental Health Collaborative Manager
Paul Dundas	Adult Services Manager, Comhairle nan Eilean Siar	Kathryn Chisholm	Mental Health Occupational Therapist
Emelin Collier	Head of Planning & Development	Frances Daniels	Learning Disabilities Nurse
Elaine Campbell	Choose Life Co-ordinator / Planning & Development Officer	Isabel Mackenzie	Housing Strategy and Development Officer

**In attendance:** Sonja Smit, Occupational Therapy Services Manager

## 1. APOLOGIES

Apologies were received from Karen Toovey, Kenna Campbell, Prof Collacott, Steven Black, Katie MacPherson, Debs Cruden and Mike Hutchison.

## 2. APPROVAL OF MINUTES – 14<sup>th</sup> April 2010

The minutes of the last meeting were approved as an accurate record of that meeting, subject to the following changed by Anne Hutchison and seconded by Emelin Collier.

Item 10. paragraph 5 should read: An audit of antidepressant prescribing is being carried out to gauge prescribing practice against former audit before the pathway is developed.

Item 10. paragraph 6 should read: NHS Western Isles will soon have to report on psychological therapies waiting times via the Mental Health Collaborative.

Item 11. 1<sup>st</sup> line should read: Anne Hutchison states that work undertaken can only link to the Mental Health Collaborative.

## 3. MATTERS ARISING

### 3.1 Issue:

Discussion: There were no matters arising following the last meeting.

### Decision:

#### 4. **Action Points**

Issue:

Discussion: There are no action points following the last meeting.

**Decision:**

#### 5 **Chair of Partnership**

Issue: To appoint the new chair of the Mental Health Partnership.

Discussion: Del Gunn agreed to take on the role of Vice Chair of the Partnership. Following the last meeting of the Partnership members were asked to vote on who they would like to be Chair of the Partnership. Neil Lawrie received seven votes and Prof Collacott received six votes therefore it was agreed by all present that Neil Lawrie would be the new Chair of the Partnership.

A discussion took place regarding the Terms of Reference for the partnership which now need to be reviewed and possibly amended.

**Decision: Neil Lawrie is now Chair of the Partnership and Del Gunn is Vice Chair. Janet MacKenzie to contact Neil Lawrie and forward any documents on to him. Janet MacKenzie to locate the Terms of Reference for the Partnership.**

#### 6. **Psychological Therapies**

Issue: Update on any progress with psychological therapies.

Discussion: Anne Hutchison stated that she attended a stakeholders meeting in Edinburgh. Where it was confirmed that each NHS Board is going to have to report on waiting times for access to psychological therapies. Staff delivering psychological therapies must be trained to an accredited level. Anne Hutchison has compiled a paper for the Mental Health & Learning Disabilities Integrated Planning Group for their approval and information.

**Decision:**

#### 7. **Review of Mental Health Services – Dr Watt Report**

Issue: Update on the progress of the recommendations of the report.

Discussion: It was stated that this report along with the Clisham Report are being developed into a five year implementation plan at the request of the Mental Health & Learning Disabilities Integrated Planning Group. This implementation plan will be matched up with the CAMHS strategy.

Mike Hutchison and Emelin Collier are working on pulling together the implementation plan. Which will be submitted to the Board Meeting in June.

**Decision: It was agreed to change the title of this agenda item to Mental Health Strategy Implementation Plan.**

#### 8. **Towards a Mentally Flourishing Scotland: Policy & Action Plan 2009-2011**

Issue: Update on the progress towards the action plan.

Discussion: Kenna Campbell was unable to attend the meeting today therefore this item will be carried forward to the next meeting.

**Decision: Kenna Campbell to table the report at the next meeting.**

**9. Mental Health Implementation Review with Scottish Government – 19<sup>th</sup> April 2010**

Issue: Update on the recent Implementation Review.

Discussion: The Scottish Government letter following this review was circulated with the papers of the meeting. It was stated that the review was very positive and the next review will be held in October/November.

Some of the actions will be taken forward within the implementation plan.

**Decision:**

**10. Mental Health Collaborative**

Issue: Update on the progress of the collaborative.

Discussion: Anne Hutchison stated that all the updates are included in the Scottish Government letter. NHS Western Isles is on target to achieve some of the targets.

The Collaborative are currently working on raising awareness of dementia. There will be a series of community open days held from the 7<sup>th</sup> June throughout Lewis. Anne Hutchison will report back on the events of this week at the next Partnership meeting.

It was stated that Uist have held their own dementia awareness days, which was carried out through the schools.

**Decision: Anne Hutchison to report back on Dementia Awareness week at the next meeting.**

**11. ICPs**

Issue: Update on the ICP situation.

Discussion: Anne Hutchison stated that work where it impacts on the Mental Health Collaborative is being undertaken. However the ICP facilitator is still not in post.

Funding has been received for the post, however now there is an issue with accommodation for the post. This needs to be taken forward.

**Decision:**

**12. Mental Health Occupational Therapy**

Issue: Update on the service

Discussion: Kathryn Chisholm stated that the service is continuing to develop well. Recently they have started a project with Catch 23, digital media using occupational therapy. The project has been running really well. One of the art groups will be coming to an end in the next month.

Ms Chisholm has carried out some in-service training with the wider occupational therapy team with regard to Dementia. Also staff working with clients in the community have attended some training, which went really well and they are keen to take this forward.

It was stated that an implementation plan will look at recourses in terms of workforce and staff skills within the team.

Christine Lapsley and Sonja Smit have attended a meeting with Dr Sheila Ingles with regard to mental health and AHP requirements. This will form part of an overall plan and will be discussed at the AHP day in June. The overall plan for the AHP workforce in mental health for the whole of Scotland is being looked at.

Currently the case load is 30 and there is a good through put. There are increasing referrals from within the mental health team as people are more aware of the mental health occupational therapy role.

It was stated that clients are now realising that they cannot stay in the system long term and many of the clients should be engaging with community services rather than the CPNs. Therefore it has been suggest to have a day where there is a cross over between the CPNs and Catch 23.

It was suggested to have a drop in session for the CPN's to use Catch 23 to meet with clients informally. This would enable the clients to become used to visiting Catch 23 and hopefully use the facilities and services more often. This would be for a 10 week pilot period and the client group are in favour of this.

The funding and needs of the service need to be looked at as there are increased inputs to the voluntary sector. Catch 23 has some capacity at the moment however if they reach capacity then things can become difficult. The clients seem comfortable with the service that is available so far.

It was noted that the PDSA data analysis is being gathered for Catch 23 through Cathy.

There is a much clearer sense of roles through partnership working and there is a sound model for the future. Kathryn Chisholm is developing a model which will be used to showcase the best use of staff time. Anne Hutchison will help Kathryn Chisholm to develop this.

**Decision:**

**13. Draft – Psychiatric Emergency Plan**

Issue: Update on the progress on the plan.

Discussion: Anne Hutchison stated that the final draft is not completed. The place of safety bed has now been deemed not suitable, therefore this issue still needs to be resolved.

**Decision:**

**14. Child & Adolescent Mental Health Service (CAMHS)**

Issue: Update on the progress of the service.

Discussion: Emelin Collier stated that there is nothing to report at the moment. The CAMHS training is still going well and the CAMHS module is starting in September 2010.

**Decision:**

**15. Suicide Prevention**

Issue: Update on the progress towards the targets.

Discussion: Elaine Campbell is working on the arrangements for suicide prevention awareness week. It has been confirmed that Prof Steven Platt will be visiting the Western Isles that week and will be the keynote speaker.

**Decision:**

**16. Correspondence received**

Issue:

Discussion: There was no correspondence received.

**Decision:**

**17. Documents received**

Issue:

Discussion: There were no documents received.

**Decision:**

**18. Minutes of other meetings**

Issue:

Discussion: There were no minutes received for discussion.

**Decision:**

**19. AOB**

**19.1 Mental Health CMT**

It was stated that Dr Jim Ward has agreed to deal with the issue of admin support, therefore this is still under discussion.

**20. DATE OF NEXT MEETING**

It was agreed to cancel the July meeting as there is usually poor attendance at the meeting.

**Date: Wednesday 18<sup>th</sup> August 2010**

**Time: 9.30am**

**Venue: Meeting Room 1, NHS Western Isles Board Offices.**

**END**