

## Mental Health Partnership

# Minutes of Meeting

29<sup>th</sup> September 2010  
Meeting Room 2, Health Board Offices

### Members Present

Neil Lawrie	Chair	Elizabeth Shelby	Alcohol Liaison Nurse
Debbie MacRae	CPN Team Leader – Lewis & Harris	Del Gunn	Centre Manager – Catch 23
Anne Hutchison	Mental Health Collaborative Manager	Kenna MacInnes	Senior Health Promotion Officer
<b>In attendance:</b>	Anne Watson, Social Work Dept, Comhairle nan Eilean Siar		

### 1. APOLOGIES

Apologies were received from Isobel MacKenzie, Norrie Macritchie, Kathryn MacIver, Prof Collacott, Katie MacPherson, Karen Toovey, Mike Hutchison, Frances Daniels, Dr Ward, Debs Cruden, Dr Welsh, Elaine Campbell, Emelin Collier and Rebecca Mahoney.

### 2. APPROVAL OF MINUTES

The minutes of the last meeting were approved by Kenna MacInnes and seconded by Del Gunn.

### 3. MATTERS ARISING

#### 3.1 Issue: **Mental Health CMT**

Discussion: It was stated that the Mental Health CMT is no longer in existence and has now been replaced by an Operational Management Team Meeting and the minutes will not be available to the Partnership as the team will be discussing confidential operational issues. However there may be issues discussed which would be relevant to the Partnership. Therefore clarification needs to be sought on what will be discussed at the Operational Management Team Meetings. If the group will be discussing purely operational issues i.e. staffing and other ward issues then it is not relevant to this group.

**Decision: Neil Lawrie will contact Mike Hutchison regarding the Operational Management Team agenda.**

#### 3.2 Issue: **Housing strategy consultation**

Discussion: Neil Lawrie and Del Gunn met with Isobel MacKenzie regarding this consultation and a further request was sent out to the Partnership members reminding them on this consultation. A specific email was sent to Debbie MacRae and Norrie MacRitchie encouraging them to respond to the consultation bearing in mind their clients and any problems which they face when it comes to housing. Del Gunn stated that their clients have also been encouraged to completed the questionnaire.

**Decision:**

**4. Action Points**

Issue:

Discussion: There are no action points following the last meeting.

**Decision:**

**5. Learning Disabilities Collaborative**

Issue:

Discussion: Kathryn MacIver was unable to attend the meeting therefore this item will be carried forward to the next meeting.

**Decision:**

**6. Psychological Therapies**

Issue: Update on any progress since the last meeting.

Discussion: It was noted that the six month accredited Solution Focused Brief Therapy course has started for ten staff. There will also be a two day course for practice nurses in December in Uist and in January in Stornoway.

Funding has been approved for one person to attend CBT training in the next academic year.

However it has been stated that NES are considering withdrawing the funding as it has not been spent it.

**Decision:**

**7. Mental Health Strategy Implementation Plan**

Issue: Update on the progress of the plan.

Discussion: Neil Lawrie stated that he met with Dr Jim Ward regarding the Mental Health & Learning Disabilities Integrated Planning Group, it was a very positive meeting. The Partnership's main role is as an advisory body to the board but when the MHLDIPG have decided on the options for the future the Partnership will have a pivotal role in the consultation process.

Del Gunn and Neil Lawrie are members of the Mental Health & Learning Disabilities Integrated Planning Group and will report back to the Partnership.

**Decision:**

**8. Towards a Mentally Flourishing Scotland: Policy & Action Plan 2009 - 2011**

Issue: Update on progress of the action plan.

Discussion: Kenna MacInnes stated that she attended a meeting regarding the learning and workforce strategy. The meeting discussed what training, if any, is offered for mental health. The meeting also discussed what will happen at the end of the programme.

**Decision:**

**9. Mental Health Collaborative**

Issue: Update on the progress of the collaborative.

Discussion: Anne Hutchison stated that the National Group are looking at sustainability at the end of the programme. NHS Western Isles is one of the best performing boards in Scotland. With regard to the dementia target, there are now 250 patients on the register, which is very good. The depression target has changed to access to psychological therapies, which is difficult to measure as NHS Western Isles does not provide any psychological therapies. NHS Western Isles has met the readmission target.

With regard to training, two facilitators have been trained in Dementia to training other healthcare assistants. Also Stirling University will be delivering a training session in December and January on challenging behaviour. This training will be aimed at care home workers and will be an accredited course.

**Decision:**

**10. ICPs**

Issue: Update on the progress of the ICPs

Discussion: It was stated that this work has not been taken forward due to the co-ordinator not being appointed. However Anne Hutchison has developed the e-pathways. QIS visited the Western Isles two weeks ago, and stated that there will not be an accreditation this year for ICPs. However they are looking for examples of service improvement to be sent to them. It was noted that the funding for the ICP facilitator has been withdrawn.

**Decision:**

**11. Mental Health Occupational Therapy**

Issue: Update on the progress of the service.

Discussion: It was stated that there was a presentation at Catch 23 of the projects involving digital photography, it was a very good event and the work produced was very good. At this point in the meeting Del Gunn stated that they are applying to the 'see me' campaign, in order to receive more funding for the digital art group and in order to pay someone teach the clients. Kathryn Chisholm has been able to discharge clients from this group, which is a good achievement and the CPN case load has been reduced, therefore they are able to take on new clients. They are now looking at developing a cooking group and showing the clients how to budget when cooking. This will be a joint group with Del Gunn and Kathryn Chisholm.

**Decision:**

**12. Draft – Psychiatric Emergency Plan**

Issue: Update on the progress of the plan

Discussion: It was noted that Joan Tilley is the lead for this piece of work. The group are still working on the document, however they have not met for some time.

**Decision:**

**13. Child & Adolescent Mental Health Service (CAMHS)**

Issue: Update on the service.

Discussion: It was noted that there is no update.

**Decision:**

**14. Suicide Prevention**

Issue: Update on Suicide Prevention Awareness week and Mental Health Week.

Discussion: Elaine Campbell was unable to attend the meeting, however she provided the following statements:  
Suicide Prevention Week was well attended with just short of 90 people along to the conference events and the speakers, particularly Stephen Platt got a great response and raised some very interesting issues around suicide and remote rural living. Mr Platt also engaged with the research team at Lews Castle College, and there may be some possibility for a future development there. The church services in Uist in particular were very well attended, and we thank all those that came out to these events.

The Samaritans car made its first official trip to Uist, where they are hoping to develop an outreach service. A number of application forms were taken for both Uist and Barra, so its hoped that they can start to develop a service there in the new year.

Mental Health Week will run from the 11<sup>th</sup> to the 16<sup>th</sup> October. The worldwide theme for this year is “Mental Health and Physical Illness”.

There are a number of events running across Lewis including a number of awareness raising events for the ‘Living Life’ project (the telephone based scheme for those suffering from low mood, depression etc). Mike Sullivan has organised a lecture at the College, the speaker will be Prof Brigid Daniel (Department of Applied Social Science, University of Stirling). She will be talking on "Resilience in Children and Young People: A Critical Overview". There will also be some training with staff and some awareness raising events around the ‘Living Better’ project (the project for people with a long term condition living with a mental health problem). A photography competition will take place, with the aim of raising the profile for “Positive Mental Health”.

Kenna Campbell provided an update on what events will be run in Uist for Mental Health Week. She stated that they are having their events the week before, however will still have information stalls the week off. They are linking it in with Alcohol awareness week. There will be a wellbeing workshop which will link in with an alcohol group. There will also be a workshop on food and mood for people with Learning Disabilities.

**Decision:**

**15. Correspondence received**

Issue: Short briefing note on Western Isles Adult Support and Protection (Scotland) Act 2007 arrangements and Adults with Incapacity (Scotland) Act 2000

Discussion: This paper was circulated to the Partnership prior to the meeting.  
With regard to item 3 – *Training of health staff has been limited as staff reported difficulty in leaving their posts to attend. An amount of money was made available to the health board from the Scottish Government to contribute towards training, covering staff attending, advertising etc. However, it appears the money was lost to the overall deficit.*  
It was stated that £10,000 was lost, it is not clear as to which financial year this funding relates to.

**Decision:** Anne Watson will ask Karen Toovey about this funding and the year it relates to.  
Neil Lawrie will write to Gordon Jamieson regarding this funding once the year is confirmed.

**16. Documents received**

Issue:

Discussion: There were no documents received for discussion.

**Decision:**

**17. Minutes of other meetings**

17.1 Issue: Mental Health CMT

Discussion: This item was already discussed under matters arising.

**Decision:** It was agreed to take this item off the agenda.

17.2 Issue: Learning Disabilities Partnership

Discussion: There was no update provided.

**Decision:**

17.3 Issue: WIAMH  
Discussion: Del Gunn stated that the minutes of the WIAMH are not suitable for release as they contain sensitive information, however he will provide a condensed version for the Partnership meetings.

**Decision:**

17.4 Issue: Older Adults Mental Health Forum  
Discussion: It was stated that Anne Malcolm, Comhairle nan Eilean Siar has agreed to re-establish and chair the forum.

**Decision:**

17.5 Issue: Older People's Partnership  
Discussion: Kenna MacInnes stated that she is a member of this group but was unable to attend the last meeting. At the moment they are working arrangements for the Older People's Day.

**Decision:**

17.6 Issue: Inpatient Forum  
Discussion: It was noted that this group has still not met.

**Decision:**

## **18. AOB**

### **18.1 Budgets**

Neil Lawrie stated that he did write a letter to Gordon Jamieson, Chief Executive regarding the article on NHS budgets in the gazette. There has been no response, therefore another letter will be sent.

### **18.2 WIAMHS funding**

Del Gunn stated that they have some concerns regarding payment of agreement amounts. WIAMH are now receiving their funding in three payments rather than one. One of the payments from the NHS is now six months late, which is affecting the service they are able to provide. It is not an acceptable situation and will have an increased impact on services. The funding was historically from JLIP monies, which is now under the control of the CHASCP, however funding is now coming from different budgets. WIAMH receive £7,000 in core funding and £10,000 from NHS Western Isles and £10,000 from Comhairle nan Eilean Siar. WIAMH have received their allocation from Comhairle nan Eilean Siar but nothing from NHS Western Isles. Del Gunn has contacted Mike Hutchison regarding this situation, who has stated that he does not know what the hold up is. It was stated that the SLA's are being reviewed at the moment, however the WIAMH service is growing but the funding is not. Services will be cut if funding is not received. WIAMH should not have to chase up funding which has already been agreed. There was an agreement in February that the funding would be paid in two instalments. WIAMH have received the two instalments from the CHASCP, but not the payment from NHS Western Isles which leaves them £10,000 short for the year.

**Decision:** Neil Lawrie will write to Gordon Jamieson regarding this matter.

## **19. DATE OF NEXT MEETING**

**Date:** Wednesday 10<sup>th</sup> November 2010

**Time:** 9.30am

**Venue:** Meeting Room 2, Health Board Offices

**END**