

Mental Health Partnership

Minutes of Meeting

Wednesday 12th October 2011
Stornoway Police Station

Members Present

Neil Lawrie	Chair	Katie MacPherson	Alzheimer's Scotland
Isobel MacKenzie	Housing Strategy & Development Officer	Dave Alldred	Key Support Worker, Penumbra
Karen Toovey	Lead Officer - Mental Health & Adult Protection	Del Gunn	Centre Manager, Catch 23
Inspector Robbie MacDonald	Police	Frances Daniels	Learning Disabilities Nurse
Debbie Macrae	CPN Team Leader – Lewis & Harris	Kathryn Chisholm	Mental Health Occupational Therapy
Debs Cruden	Penumbra	Joan Tilley	APU Ward Manager / Lead Nurse CAMHS

1. APOLOGIES

Apologies were received from Elaine MacKay, Anne Hutchison, Paul Dundas, Jim Ward and Emelin Collier.

2. APPROVAL OF MINUTES

The minutes of the meeting held on the 17th August 2011 were approved as an accurate record of the meeting by Isobel MacKenzie and seconded by Frances Daniels.

3. MATTERS ARISING

3.1 Issue: Membership

Discussion: The Partnership continues to suffering from poor attendance. There has been a movement to devalue the Mental Health Partnership and regulate it to purely the role of a public consultation group. This has been discussed with Dr Jim Ward, Medical Director and Mike Hutchison, Head of Mental Health & Learning Disabilities.

Joan Tilley joins the meeting.

The Partnership have written to Mike Hutchison and Dr Jim Ward regarding the concerns around this movement. They have responded to say that the Partnership has nothing to do

with operational matters and all operational matters should be dealt with by the Mental Health Operational Management Team, rather than the Partnership. The Partnership is the only forum available for organisations represented on the Partnership to raise any concerns regarding mental health matters and to form links with other organisations.

Neil Lawrie did write to Geoff Huggins, Head of the Mental Health Division, Scottish Government, however no response has been received. We have been unable to locate a copy of the Scottish Government letter relating to Mental Health Partnerships, which clearly states the role and remit of a Mental Health Partnership. It was agreed to wait for a response from Mr Huggins before the membership issue is discussed in more detail.

Karen Toovey stated that when she initially became a member of the Partnership, she did wonder what the Partnership's role is. However she now finds the Partnership so very important and it is good that all the main agencies and voluntary organisations link into the one group and she finds it very helpful and would like it to continue and would fully support it to continue.

Joan Tilley stated that the Mental Health Operational Management Team (MHOMT) focuses on operational matters and some clinical issues. The Partnership is the only forum where everyone gets together and can PFPI some of the strategy policies which are to be actioned by the operational side. Clinically people are involved in the operational management team, there is no input from some areas except if requested to attend, whilst the partnership holds representation from all areas. It is the only forum where all mental health services can get an overview of what is happening within one and another agencies.

Del Gunn stated that there is concern that the Partnership has become a discussion forum. However some of the issues and actions can only be moved on by the Partnership and there are good links with the voluntary sector.

Neil Lawrie confirmed that part of the function of the Partnership was a discussion form. It is also appropriate for the MHOMT to discuss operational matters which should not be discussed at a Partnership meeting. The Partnership did provide some quality control across the board which was good.

At this point in the meeting a discussion took place regarding ICPs. Neil Lawrie did write to Dr Jim Ward, Medical Director regarding ICPs. The response was that ICPs have been passed onto Mike Hutchison to deal with. Mr Hutchison has informed the Chair that this will be done at some point but it is not a priority.

Neil Lawrie stated that he has considered standing down from Chairing the Partnership and inviting Mike Hutchison to take over as Chair, as he feels that Mr Hutchison may then attend. However those present felt that if Mr Hutchison was the Chair that there would be a conflict of interest as he would not be independent. The group feels that the Partnership needs a Chair who would be completely independent.

Robbie MacDonald joins the meeting.

With regard to the Mental Health & Learning Disabilities Integrated Planning Group (MHLDIPG), there are actually very few members of the group, a large number attend but are not members. The MHLDIPG has been set up for a specific purpose, the Mental Health Partnership is totally different and has been running for many years. The MEL relating to Mental Health Partnership's clearly states that the Partnership should be the main group for looking at mental health services.

Decision: Neil Lawrie to chase up Geoff Huggins for a response.

3.2 Issue: Role & responsibility of the Partnership

Discussion: This item has already been discussed.

Decision:

3.3 Issue: Budget

Discussion: This item was not discussed.

4 Learning Disabilities Partnership

Issue: Update on the progress of the Learning Disabilities Partnership.

Discussion: Frances Daniels informed the group that the Learning Disabilities Partnership have now appointed a new chair, Dr Kirsty Brightwell. They still have the same issues with regard to membership and role of the group but they are delighted that there is a Chair in place.

5 User and carers issues/concerns

Issue: To engage with user/carers and hear their issues/concerns.

Discussion: There has been a lack of direct involvement from users and carers. However Neil Shaw, Chair WIAMH is now able to join the Partnership and will be attending future meetings. Also Del Gunn stated that there are some members of Catch 23 who may be able to attend. One of the Catch 23 members is now on the MHLDIPG.

There have been arising from the information given to the public in the press which has caused concerns with patients. This is reflected on the insecurity experienced by patients and workers in relation to the planning process.

Members of the Partnership have been given a copy of the Mental Health Service Modernisation Options Appraisal paper which sets out the 3 options, however it does not go into a lot of detail and the options have not been costed. The MHLDIPG were meant to pull all this information together and put a proper paper together. They are now looking at holding a big round table event to get everyone's options and thoughts on the option paper. It was noted that the staff group are interested in offering more day care, but this is not part of the Watt recommendations. This option was clearly not acceptable and has not been costed.

A lot of clients have huge concerns over what will happen in the future and they are very anxious.

There is a requirement for the MHLDIPG to have a public consultation event on this document but we are not sure if that will take place. Carers and users would need to be involved in the consultation. Catch 23 are experiencing a lot of people just walking into the service who are not known by any of the main services. This is causing an issue with regard to capacity at Catch 23. The voluntary sector need to have more involvement and need to have a resource transfer.

It was noted that Housing are also in crisis regarding suitable accommodation for people in the community where they will be supported. There are also a lot of issues with the police. They are getting cases which relate to people not being appropriately accommodated which is causing an issue.

Joan Tilley stated that the ward needs to move toward the community but they need the appropriate facilities in the community to support them and accommodation where there is support. There is a lack of using what is available in the community to support patients and a huge concern of what is going to happen in the community in the near future.

Decision: Those present were asked to send Janet MacKenzie a list of their concerns regarding the options in the document, which Neil Lawrie will then pass on.

6. Psychological Therapies

Issue: Update on the psychological therapies service.

Discussion: It was stated that training is being offered through NES and two members of staff are attending Motivational Interviewing Skills training. Ann Duncan, APU Staff Nurse is attending a course on Adult CBT and Mike Sullivan, Community Mental health Worker (Children and Young People) is attending a training course on Child and Adolescent CBT.

It was noted that Dr Allan, Clinical Psychologist is due to retire and the end of the month therefore there are discussions in place regarding if she will be replaced. Dr Allan has offered two days per month of private sessions which has not yet been agreed.

There is no start date for the CAMHS Psychological Therapist as yet.

Decision: Neil Lawrie will write to Mike Hutchison regarding the Partnerships concerns over Dr Allan leaving.

7. Mental Health Strategy Implementation Plan

Issue: Update on the progress of the plan.

Discussion: There was nobody in attendance to give an update, therefore this item will be carried forward onto the next meeting.

8. Towards a Mentally Flourishing Scotland: Policy & Action Plan 2009-2011

Issue: Update on the progress of the policy and action plan.

Discussion: It was noted that this policy and action plan is now completed. The Scottish Government is now developing a policy and action plan which will run from 2011-2015. There will be two consultation events held on the 23rd and 24th November where members of the Partnership will get to comment on the document and make any recommendations.

9. Mental Health Occupational Therapy

Issue: Update on the Mental Health Occupational Therapy service.

Discussion: Katie Chisholm stated that the Cearns poly tunnel project is developing really well and the clients are responding well and like attending. They have received some funding through IReach to help support the project.

Ms Chisholm received some very good comments and made some good contacts at the poster event she attended at NHS Quality Improvement Scotland.

10. AHP

Issue: Update from the service.

Discussion: Sonja Smit was not in attendance therefore there was no update.

11. Draft – Psychiatric Emergency Plan

Issue: Update on the progress of the plan.

Discussion: Following on from discussions at the last meeting Inspector Robbie MacDonald is to provide Janet MacKenzie with a list of their issues/concerns which will be discussed at another meeting out with the Partnership. The meeting is due to be arranged by Mike Hutchison, Head of Mental Health & Learning Disabilities to discuss the issues in more detail.

Inspector MacDonald has emailed his concerns to Dr Jim Ward but has not heard anything back.

The main concerns the Police have is a lack of information and processes not been followed correctly. They would also like a case review to take place following a specific incident.

It was stated that the PEP is not just an operational document as it relates to everyone.

Decision: Inspector MacDonald to forward a list of their issues and concerns on to Janet MacKenzie.

12. Child & Adolescent Mental Health Service (CAMHS)

Issue: Update on the service.

Discussion: It was noted that the post in Uist is still frozen. GPs in Barra are not referring at all and that remains a concern.

Joan Tilley informed the Partnership that she will be moving to CAMHS full time and her replacement APU post has been advertised, this will allow her to go down to the Southern Isles and support the nurse there.

Decision: Neil Lawrie will write to Mike Hutchison regarding this issue.

13. Suicide Prevention

Issue: Update on arrangements for Suicide Prevention Awareness Week

Discussion: Elaine MacKay was not in attendance therefore this will be carried forward to the next meeting.

Del Gunn raised a concern over the lack of information and late invites which were circulated for the Suicide Prevention Awareness week events. Mr Gunn stated that their event in An Lanntair was well received and well attended. Also a TV crew are now coming to film Catch 23.

Joan Tilley stated that herself and Elizabeth Shelby, Alcohol & Mental Health Liaison Nurse are pulling together a document on suicide reviews which will be presented at the next meeting.

Decision: Del Gunn agreed to speak to Elaine MacKay regarding the lack of information and short notice for the invites for the events during Suicide Prevention Awareness week.

Joan Tilley to bring suicide review paper to the next meeting.

14. Mental Health Implementation Review

Issue: Update on outcomes from the review.

Discussion: The review letter from the 23rd May 2011 has not been received as yet. The next review will be held on Monday 31st October 2011.

15. Penumbra Update

Issue: Update on the Penumbra service

Discussion: Debs Cruden stated that the wellbeing workshops will be starting before Christmas. These workshops will cover things like confidence building as well as other areas. They are free to attend and will be held in the Penumbra building. Ms Cruden will report back to the Partnership following the workshops.

The Penumbra service is running well and they are still raising their profile locally. The service is there to help people to develop self management skills and to help them to lead an independent life. Penumbra has developed over the last few years and continue to offer support to people to get them back to recovery, encouraging independence in clients. Their clients age from 16 to 65 and they don't need to have a firm mental illness diagnosis.

At this point in the meeting a discussion took place regarding the fear clients have over losing their DLA if they are seen to be accessing services which will help them to recover.

Occupational Therapy offer a vocational rehabilitation service which can help keep patients at work.

At this point in the meeting a further discussion took place regarding the fact that there is an increasing need for supported accommodation which is not available locally. Ideally there would be a multi agency supported accommodation or rehabilitation type of unit with clinical support. The Lewis St service is still operational, however some of the placements break down which can cause a problem. The homeless service has had to take on these people but the staff do not have the specialist knowledge to deal with them appropriately.

16. Correspondence received

Issue: Scottish Health Council

Discussion: Neil Lawrie stated that he wrote to Carmen Morrison, Local Officer, Scottish Health Council Western Isles inviting her to join the Partnership. Ms Morrison replied stating that she did not want to become a member of the Partnership as she is on the

MHLDIPG, however she would attend as an observer and to offer support and advice in terms of engagement.

17. Documents received

Issue:

Discussion: There were no documents received for discussion.

18. Minutes of other meetings.

Issue:

Discussion: Minutes of the other meetings were noted.

19. AOB

There was no other business for discussion.

20. DATE OF NEXT MEETING

Date: Wednesday 9th November 2011

Time: 9.30am

**Venue: Meeting Room 2, Health Board Offices
& Library, Uist & Barra Hospital**

END