

Minutes of Meeting

Wednesday 13th April 2011
Meeting Room 2, Health Board Offices

Members Present

Neil Lawrie Del Gunn	Chair Catch 23, Centre Manager	Debs Cruden Anne Hutchison	Penumbra Manager Planning & Development Manager
Katie MacPherson Debbie MacRae	Alzheimer's Scotland CPN Team Leader – Lewis & Harris	Frances Daniels Kathryn Chisholm	Learning Disabilities Nurse Mental Health OT
Emelin Collier	Head of Planning & Development	Isobel MacKenzie	Housing Strategy & Development Officer
Joan Tilley	CAMHS Lead Nurse / APU Ward Manager	Norrie MacRitchie	CPN Team Leader – Uist & Barra
In attendance:	Helen Perkins – OT Student David Alldred – Peer Support Worker, Penumbra		

1. APOLOGIES

Apologies were received from Kenna MacInnes, Christine MacMillan, Sonja Smit, Karen Toovey and Elaine Campbell.

2. APPROVAL OF MINUTES – 19th January 2011

The minutes of the last meeting were approved as an accurate record of that meeting by Emelin Collier and seconded by Katie MacPherson.

3. MATTERS ARISING

- 3.1** Issue: Conference/event
Discussion: At the last meeting it was suggested to hold an event to highlight the work of the Partnership. An event to showcase the modernisation of mental health and highlight the work which has already been undertaken. The Mental Health Partnership budget could cover the cost of hosting an event.

Decision:

- 3.2** Issue: Learning Disabilities update.
Discussion: It was stated that the Learning Disabilities Partnership has not met since October 2010. The Chair has left and the Vice Chair has been unable to attend meetings. There has been a push from the Learning Disabilities Nurses to get the meeting up

and running. Therefore there is a meeting scheduled for Thursday 21st April. Some of the members may not be able to attend afternoon meetings, the lunchtime meetings were more suitable for them. The Learning Disabilities Partnership does need to appoint a new Chair and if the current Vice Chair is unable to attend the meetings then they may also need to step down.

Decision: Frances Daniels to report back on the progress of the Learning Disabilities Partnership at the next meeting.

4. Action points

Issue: Proposed Mental Health Partnership Structure - 2088

Discussion: It was stated that there was work done on the structure back in 2008 and at the time the Partnership agreed to remain the same. Both the Mental Health Partnership and the Learning Disabilities Partnership are struggling with attendance. The Learning Disabilities Partnership is not as health driven as the Mental Health Partnership and they feel that they do not have as much clout compared to the Mental Health Partnership. It was suggested to re-launch the Learning Disabilities Partnership to raise awareness. Frances Daniels to contact Phil Tilley regarding a re-launch and the current level of funding. It was also agreed that the Mental Health Partnership would be able to give the Learning Disabilities Partnership some funding towards an event.

It was stated that there was more attendance at the Partnership meetings when users were attending. Now that Del Gunn is attending the meetings some users may feel that they do not need to attend as he is representing them, also the size of the Partnership has put some users off attending as it can be quite overwhelming and the language used can be off putting. It was also stated that the agenda for the Inpatient Forum has become quite clinical therefore users may feel that they do not want to attend that group either. It was agreed that Partnership members should highlight to users and carers that they can attend the meetings as and when they want to. It was also agreed to have an agenda item specifically for users and carers to raise any issues they would like to be discussed.

The Inpatient Forum has not been successful, the users were putting their views and suggestions across but they were not followed up therefore they felt that there was no point in attending.

At this point Neil Lawrie stated that he has now been invited to join the Mental Health & Learning Disabilities Integrated Planning Group, but has not received any notifications of the meetings.

Decision: Frances Daniels to contact Phil Tilley with regard to re-launching the Learning Disabilities Partnership.

Members to inform any service users and carers that they can attend the Partnership meetings as and when they want to.

Specific agenda item for users and carers to raise any issues/concerns.

4.1 Issue: Proposed event

Discussion: It was suggested that the Mental Health Partnership should host an event for service users. This will be an informal event, where service users can ask professionals questions directly or write down suggestions.

It was proposed to have an evening event on Tuesday 14th June from 4.30pm to 6.30pm in the Bridge Centre with catering supplied by the Hospital. Some professionals will be asked to do a short 5 minute presentation. It was suggested to ask Dr Jim Ward to do a presentation on the modernisation programme.

Decision: Janet Mackenzie to book the venue.

5 Psychological Therapies

Issue: Update on psychological therapies

Discussion: Anne Hutchison stated that the 18 week referral to treatment target applies to CAMHS as well as adult services and is due to be delivered by 2014.

With regard to the evidence base for psychological therapies, the therapy needs to be delivered in protected time, if it is not delivered in protected time then it will not be counted. There is a challenge for us to up skill staff.

The visiting Clinical Psychologist, Dr Carol Allan, is starting on the 19th April 2011 and will hold a clinic two days a month, this is adequate for our numbers at the moment and they will be based in the CPN team. Dr Allan is willing to hold a clinic by videoconference for the Uist staff.

Discussions are in the early stages for a Child Clinical Psychologist to hold a clinic here. Videoconferencing will also be used for that service.

NES are drawing up KSF competencies for staff. The University of the Highlands & Islands are interested in drawing up and providing a CBT Course. There is a certificated course on line which NES are looking at making accredited, discussions ongoing.

Decision:

6. Mental Health Strategy Implementation Plan

Issue: Update on the progress on the implementation plan.

Discussion: It was stated that there is nothing to report at this time on the plan.

At this point in the meeting a discussion took place regarding the Head of Mental Health & Learning Disabilities attending this group. The Chair of the Partnership did write to Mr Hutchison requesting that he attend the meetings, however his request was declined. Mr Hutchison stated that the Partnership is now a reference group to him and that the Mental Health & Learning Disabilities Integrated Planning Group is now the group that will inform the Board with regard to Mental Health issues. Mr Hutchison did state that he would be willing to attend Partnership meetings as and when required to discuss specific issues. The question was raised as to whether the Board should have changed the role and remit of the Mental Health Partnership which has already been set by the Scottish Government.

Members of the Partnership still feel that Mr Hutchison should be in attendance, however Mr Hutchison has made it clear that he will not become a full member and only attend as and when required.

The Mental Health Partnership is more of an open forum than a clinical group and it is open to all agencies. There is more to the Partnership than public consultation.

The Partnership has lost the link to the Board and the Mental Health & Learning Disabilities Integrated Planning Group is now the link to the Board. The Watt report identified that the Mental Health Partnership does not have a link to the Board.

A discussion took place regarding The Watt report and whether or not it was presented to the Partnership before going to the Board. A special Mental Health Partnership meeting was held on the 27th August 2009, where the report was presented before going to the Board meeting.

It was stated that the Mental Health & Learning Disabilities Integrated Planning Group have identified different options for the way forward and that they will be looking at the Partnership to complete the consultations on the way forward. It was agreed to invite Denise Symington, PFPI Development Officer to the next meeting to discuss public consultation.

Decision: Janet Mackenzie to invite Denise Symington to the next meeting.

7. Towards a Mentally Flourishing Scotland: Policy & Action Plan 2009-2011

Issue: Update on the progress of the policy and action plan.

Discussion: Kenna Campbell was not in attendance therefore this item will be carried over to the next meeting.

Decision:

8. Mental Health Collaborative

Issue: Update on the work of the Collaborative.

Discussion: The Mental Health Collaborative finished on the 31st March 2011. Anne Hutchison will continue to progress the ongoing work in the interim.

Decision:

9. ICPs

Issue: Update on the situation.

Discussion: The ICPs are not being assessed this year but we still need to continue to work towards them, therefore work is ongoing.

Decision:

10. Mental Health Occupational Therapy

Issue: Update on the work of the Mental Health OT.

Discussion: Kathryn Chisholm stated that the awareness event which was held on the 23rd March was very successful. The event was Chaired by Del Gunn and well represented by the Voluntary Sector.

An OT horticultural project is been established with the Cearn's Project. There is a Memo of Understanding being submitted to the Board for this project.

Ms Chisholm stated that the OT Department are giving her the use of one of the TI's for one session a week. Also Ms Chisholm will be attending DISCO training.

Decision:

- 11. AHP**
Issue: Update on any issues.
Discussion: Sonja Smit was not in attendance therefore this will be carried forward to the next meeting.
Decision:
- 12. Draft – Psychiatric Emergency Plan**
Issue: Update on the progress of the plan.
Discussion: Joan Tilley stated that they are still working on the appendixes, but aim to have the document completed soon.
Decision:
- 13. Child & Adolescent Mental Health Service (CAMHS)**
Issue: Update on the service.
Discussion: Joan Tilley stated that they are still in the process of trying to fill the post in Uist. It was stated that the activity which the CAMHS team are doing is not being reflected. They attend school meetings and family meetings which are not being captured, therefore not getting a full picture of what is going on. Eddy Yates, Information Governance Officer is helping them to see what IT system they need and what system would be best for them. There is a business case to acquire MIDAS.
- Emelin Collier has spoken to Chief Executive regarding the Uist post and Emelin will be discussing the CAMH Service at the Corporate Management Team meeting. Discussions are ongoing regarding the post.
- CAMHS team are also now seeing patients in Barra and Dr Bickle is now only referring urgent cases rather than all cases.
- At this point in the meeting it was stated that £6,000 recurrent funding has been given to Western Isles Counselling & Family Mediation to help them to provide a youth counselling service. The service will be really useful for children transferring to the adult service who are not severe enough to be seen by the CPN team.
- Decision:**
- 14. Suicide Prevention**
Issue: Update on the progress towards the targets.
Discussion: It was stated that the suicide prevention training is still ongoing and preparations are underway for Suicide Prevention Awareness Week.
Decision:
- 15. Mental Health Implementation Review – 2nd November 2010**
Issue: Update on the outcomes from the review.
Discussion: The review letter has still not been received from the Scottish Government. The next review will be held on the 23rd May 2011.
Decision:
- 16. Correspondence received.**
Issue: Report in relation to funding for Adult Support Training.

Discussion: The Chair has received a report in relation to monies for adult support training indicating what the funding had been spent on. The information provided to the Partnership disagrees with the report and shows that it is a fabrication. The evidence provided would appear to show that the funding was used to cover the defecate.

It was stated that some mental health funding is being taking away from mental health. Should this be highlighted to the employee director? Funding can get put straight through to the operational side rather than going through the planning side, therefore there is no way of monitoring it. Also opportunities for people to access funding have been lost.

Decision: The Chair to write a letter to the Chief Executive stating that the Partnership has been made aware that funding for Mental Health services has been diverted to other areas.

17. Documents received

Issue:

Discussion: No documents were received for discussion.

Decision:

18. Minutes of other meetings

18.1 Mental Health & Learning Disabilities Integrated Planning Group

Minutes of the meeting held on the 6th December 2010 were circulated to members for information.

18.2 Learning Disabilities Partnership

The Learning Disabilities Partnership was discussed under matters arising.

18.3 WIAMH

Del Gunn circulated an update paper on WIAMH and Catch 23. The main challenge they have this year is funding. Drop-in attendance continues to raise and the weekly CPN drop-in clinic is now a permanent fixture.

18.4 Older Adults Mental Health Forum

There was no update from this group.

18.5 Older People's Partnership

There was no update from this group.

18.6 Inpatient Forum

There was no update from this group.

19. AOB

19.1 Advocacy

Emelin Collier stated that Advocacy Western Isles is being evaluated in May 2011. There is specific funding from the Scottish Government to pay for the evaluation. Some members of the Partnership may be contacted regarding being interviewed for this purpose.

19.2 Telehealth

It was stated that the CPNs are looking at running a VC pilot scheme with their patients. The scheme will be to provide videoconferencing equipment in patients homes, then the CPNs can link in with them on a regular basis to see how they are. Eddy Yates is working on this with the CPNs.

19.3 Penumbra

The Penumbra service has been re-branded. Debs Cruden handed out some new leaflets and members were asked to contact her if they require any more information.

20. DATE OF NEXT MEETING

Date: Wednesday 25th May 2011

Time: 9.30am

**Venue: Practical Room, Education Unit, Western Isles Hospital
Library, Uist & Barra Hospital**

END