

Mental Health Partnership

Minutes of Meeting

Wednesday 17th August 2011
 Practical Room, Education Unit, Western Isles Hospital
 &
 Library, Uist & Barra Hospital

Members Present

Neil Lawrie	Chair	Anne Hutchison	Planning & Development Manager
Isobel MacKenzie	Housing Strategy & Development Officer	Dave Alldred	Key Support Worker, Penumbra
Karen Toovey	Lead Officer - Mental Health & Adult Protection	Kenna Campbell	Senior Health Promotion Officer
Chief Inspector Gordon Macleod	Police	Frances Daniels	Learning Disabilities Nurse
Debbie Macrae	CPN Team Leader – Lewis & Harris	Kathryn Chisholm	Mental Health Occupational Therapy
Norrie Macritchie	CPN Team Leader – Uist & Barra	Emelin Collier	Head of Planning & Development

1. APOLOGIES

Apologies were received from Katie MacPherson, Del Gunn, Debs Cruden, Elaine Campbell, Joan Tilley, Jim Ward and Elaine Anderson.

2. APPROVAL OF MINUTES

The minutes of the meeting held on the 25th May 2011 were approved as an accurate record of that meeting by Kathryn Chisholm and seconded by Kenna MacInnes.

3. MATTERS ARISING

- 3.1** Issue: Update on the current situation with the Learning Disabilities Partnership.
 Discussion: Frances Daniels stated that the Learning Disabilities Partnership did meet in April and Finella Morrison as vice chair chaired the meeting. At that meeting names for potential chairs were put forward but no agreement was reached. Ms Morrison does not see the point in holding a meeting at the moment until there a new chair is appointed. Also Ms Morrison stated that she will be standing down as vice chair at the next meeting. Dr Latham will contact someone who has been nominated as chair to see if they would be willing to take the role on.
 There is concern regarding the future of the Learning Disabilities Partnership.

Isobel MacKenzie stated that she attended the last meeting of the Learning Disabilities Partnership and that the general feeling was that there was no clarity around the role of the meeting and the role of the Partnership. Members were questioning why it should be in existence if it has no role. There is concern that they have been demoted to a reference group.

Both chairs of the Learning Disabilities Partnership and the Mental Health Partnership have been invited to attend meetings of the Mental Health & Learning Disabilities Integrated Planning Group (MHLDIPG), however they are not attending as members.

3.2 Issue: Prof Collacott

Discussion: Prof Collacott has retired from the Mental Health Partnership. The Partnership have accepted his resignation, however would still invite him to meetings as and when required to discuss specific topics.

Decision: Invite Prof Collacott to meetings as and when required.

4. Action points

Issue:

Discussion: There were no action points for discussion.

5 User and carers issues/concerns

Issue: Update on user/carer involvement in the Partnership

Discussion: At a previous meeting there was a lengthy discussion regarding securing user/carer input and general attendance at partnership meetings. At that meeting Del Gunn agreed to approach users/carers through WIAMH/Catch 23 to see if anyone would be willing to attend the meeting.

6. Psychological Therapies

Issue: Update on psychological therapies.

Discussion: Anne Hutchison stated that the Adult Clinical Psychologist is now in place for two days a month. One member of staff has now been approved to attend CBT training. The Clinical Psychologist for children and adolescents has been approved in principal. Clients are referred to the CPN team who then refer on to the Clinical Psychologist if they deem it necessary. This is also the case for Uist & Barra clients. The Clinical Psychologist only works for NHS Western Isles two days a month, therefore it is not practicable for them to travel to Uist. Uist patients travel to Stornoway for their appointments. They are looking into the possibility of using videoconferencing to increase capacity.

Funding for the Clinical Psychologist is recurring funding, which will be reduced on a year on year basis. At the moment this is not an issue.

7. Mental Health Strategy Implementation Plan

Issue: Update on the progress of the plan.

Discussion: The Mental Health & Learning Disabilities Integrated Planning Group (MHLDIPG) will be reviewing the plan at their meeting on the 5th September before it is presented at the Board meeting.

This paper is about the general direction of travel for the board to take with regard to Mental Health Services. Nothing has been sent in stone and none of the options have been costed.

8. **Towards a Mentally Flourishing Scotland: Policy & Action Plan 2009-2011**

Issue: Update on the policy and action plan.

Discussion: Kenna MacInnes stated that she has attended a meeting, which discussed the new draft policy for 2012-2015. The draft policy will be circulated for comments and will be open for consultation.

Emelin Collier joins the meeting.

The consultation period runs from the 5th September to the end of January. It was stated that there would be funding available for an event to be held in the Western Isles for key stakeholders. The theme of the policy is care, prevention and wellbeing.

Decision: Kenna MacInnes to pass the draft policy to Janet MacKenzie to circulate to members.

It was agreed to hold a consultation event in Mental Health Awareness week for this draft policy.

9. **ICPs**

Issue: Update on the progress of the ICPs

Discussion: Anne Hutchison stated that no work has been done on the ICPs and they will not be reviewed this year. ICPs do not seem to be a priority at the moment and there has been no work done on ICPs in the last few years.

If areas wish to develop their own ICPs then they can, however there is no member of staff or funding specifically allocated to take on this piece of work.

It was suggested to raise this issue with the Medical Director and see what his take on this is situation.

There was a lot of enthusiasm for staff to develop ICPs in the beginning. However Mental Health ICPs are more complex than regular ICPs and more difficult to complete. With the mental health strategy all the pathways may change. There may be no point in doing this work until the strategy is in place.

Decision: It was agreed to take this item off the agenda.

It was agreed to write to the Medical Director with regard to this situation.

10. **Mental Health Occupational Therapy**

Issue: Update on the Mental Health Occupational Therapy service.

Discussion: Katie Chisholm stated that the partnership project with the Cairns is now established and they are currently taking two clients up and will extend it up to four in the near future.

There will be a poster abstract at the NHS Quality event in the SECC on digital intervention.

Adult service should then be able to offer one appointment per month for diagnosis for a social disorder.

11. **AHP**

Issue: Update from the service.

Discussion: Sonja Smit was not in attendance therefore there was no update.

12. **Draft – Psychiatric Emergency Plan**

Issue: Update on the progress of the plan.

Discussion: The plan has been circulated to the Partnership for comment, all comments are to be sent to Joan Tilley by the 5th September 2011.

Chief Inspector MacLeod stated that police stations are being identified as a place of safety, which is not suitable. Inspector Macdonald is looking into the issues which this causes and will produce a report. One of the issues is that there is nobody in the police station who is able to provide suitable care apart from the police officers themselves. Inspector MacDonald is also completing a case review on a specific incident which was not handled appropriately and the learning points from the review will be circulated. It was also stated that the Police are not included in discussions with regard to planned sectioning until the last minute which is not ideal and can cause them staffing issues.

It was stated that Mike Hutchison has asked for a review of the CPN on-call service. There is a possibility that the CPN out of hours service may be withdrawn which would be a concern. Norrie MacRitchie has spoken to a group of bank staff who may be able to help in the Southern Isles in emergency situations with the appropriate training. At the moment the on call service is in breach of working time directives, therefore there are legal implications. Also the on call service is not being used to its full potential. There seems to be some confusion around the on call arrangements for the CPNs and the Consultant Psychiatrists.

It was stated that the draft plan is missing the escort policy which is concerning, as this is always an issue and a very important part of the document. However it was stated that a lot of work has been done on the escort policy, therefore they are not sure why it has not been included. If there are changes with the CPN on call then it may have an effect on the policy.

It was agreed to invite Mike Hutchison and Jim Ward to the next meeting of the Partnership to discuss this matter further. There is a need to make sure that any issues with the document are fully discussed and dealt with.

**Decision: Neil Lawrie is to write to Joan Tilley regard the lack of the escort policy within the document.
Neil Lawrie to invite Jim Ward and Mike Hutchison to the next meeting of the Partnership.**

13. Child & Adolescent Mental Health Service (CAMHS)

Issue: Update on the service.

Discussion: Emelin Collier stated that the CAMHS funding is currently under review and there have been some agreements reached.

14. Suicide Prevention

Issue: Update on arrangements for Suicide Prevention Awareness Week

Discussion: Elaine Campbell was unable to attend the meeting today, however she had prepared a brief paper setting out the arrangements for the week.

A multi faith church service will be held on the Monday evening. This will be held in Stornoway, Uist and Barra. There will be key note speeches in Uist and Stornoway by Cameron Stark and Christine McKechnie. There will be a walk of hope through the Castle Grounds on the Thursday.

WIAMH will be launching a DVD during the week along with an exabhaton in An Lanntair.

Five boys from Uist will be doing a sponsored cycle from George Square in Glasgow to Uist in memory of their friend who died by suicide. Neil Galbarith, Chair NHS Western Isles is going to meet the boys on the 29th August as they set off. There will also be a fundraising event in Uist on their return.

It was stated that Gaelic Media are going to cover the events throughout the week.

15. Mental Health Implementation Review

Issue: Update on outcomes from the review.

Discussion: The report from the review which took place in May 2011 has not been received as yet.

16. Penumbra Update

Issue: Update on the Penumbra service

Discussion: Dave Alldred stated that some building work has been completed on the top floor of the Penumbra building. This area will be able to be used for workshops in the future. It was also stated that Penumbra have received some more new referrals, therefore the service is working well.

17. Correspondence received

Issue:

Discussion: There was no correspondence received for discussion.

18. Documents received

Issue:

Discussion: There were no documents received for discussion.

19. Minutes of other meetings.

Issue:

Discussion: Minutes of the other meetings were noted.

20. AOB

20.1 Membership

Emelin Collier stated that the Partnership was a widely represented group, however membership from some organisations seems to have lapsed. Does the Partnership have a responsibility to make sure that organisations/groups attend and that they know that they are members of the Partnership. For example the Scottish Health Council have a place on the Partnership, however they seem to be unaware of that.

Decision: It was agreed that the Chair would write to the Scottish Health Council to remind that they have a place on the Partnership.

20.2 Role and responsibility of the Partnership.

The Partnership was a very influential group in the early days. However it is now viewed by the Board as purely a consultation group. Therefore Neil Lawrie proposed that the Partnership should write to the Scottish Executive asking for clarification of the roles and responsibilities of the Mental Health Partnership.

Decision: Agreed by those present that the Chair should write to the Scottish Executive regarding the roles and responsibilities of the Mental Health Partnership.

20.3 Budget

Emelin Collier stated that the Partnership needs to spend its small budget. It was suggested that it could be used for Suicide Prevention Awareness Week and/or Mental Health Awareness week or possibly host an event towards the end of the financial year. Suggestions are to be put to Emelin Collier before the next meeting.

21. DATE OF NEXT MEETING

Date: Wednesday 28th September 2011

Time: 9.30am

Venue: Meeting Room 2, Health Board Offices & Library, Uist & Barra Hospital

END