

Western Isles Mental Health Partnership

Minutes of Meeting

19th January 2011

Practical Room, Education Unit, Western Isles Hospital

Members Present

Neil Lawrie	Chair	Emelin Collier	Head of Planning & Development
Katie MacPherson	Alzheimer's Scotland	Del Gunn	Centre Manager – Catch 23
Kathryn Chisholm	Mental Health Occupational Therapist	Kenna MacInnes	Senior Health Promotion Officer
Elaine Campbell	Planning & Development Officer	Sonja Smit	Head of Occupational Therapy
Joan Tilley	APU Ward Manager / CAMHS Lead	Debbie MacRae	CPN Team Leader – Lewis & Harris
Norrie MacRitchie	Nurse		
	CPN Team Leader – Lewis & Harris		
In attendance	Shannon Finlayson – Educational Psychologist Sheila Macdonald – Mental Health Outreach Worker, Tagsa Uibhist Johannes Parkennen - 'See Me'		

1. APOLOGIES

Apologies were received from Anne Hutchison, Isobel Mackenzie, Dr Ward, Karen Toovey, Paul Dundas, Frances Daniels, Debs Cruden and Dr Welsh.

2. APPROVAL OF MINUTES

The minutes of the last meeting were approved by Del Gunn and seconded by Elaine Campbell as an accurate record of that meeting.

3. MATTERS ARISING

3.1 Issue:

Discussion: There were no matters arising following the last meeting.

Decision:

4. Action Points

Issue: How can we positively affect attendance at partnership meetings?

Discussion: Attendance at the meetings is still an issue and there are key people who do not attend the meetings. Members again stated that they are not happy that the Head of Mental Health & Learning Disabilities is not attending the meetings. The Chair has written to him regarding his attendance and invited him to join the meetings.

It was suggested to look at the membership of the Partnership from afresh. There have been previous discussions over the last few years regarding the membership,

and a lot of work was done on it but nothing was agreed. It was agreed to table the suggested membership document at the next meeting for further discussion.

The Mental Health & Learning Disabilities Integrated Planning Group (MHLDIPG) has taken members away from this group, as some members were on both groups and felt that there was too much duplication in the remit. It was confirmed that the MHLDIPG is a short term group. It was stated that the remit of the Partnership is not duplicated anywhere else as the other groups are operational or planning groups and the Partnership is more of an open forum where members get an equal say. All the sectors need to be represented on the Partnership. It was suggested to clarify the remit of the Partnership to demonstrate that there is no duplication. Neil Lawrie stated the he is now a member of the MHLDIPG, however he has not been invited to attend any of the meetings. The Partnership feels that it is vital that the Chair attends the meetings and reports back to the Partnership. The MHLDIPG should be advised by the Partnership and it is inevitable that members may choose which meeting they attend due to diary conflicts. It was agreed that the minutes of the MHLDIPG should be tabled at the Partnership meetings.

The Mental Health Partnership has been praised in the past by the Scottish Government for being so diverse and having such a wide membership. The Partnership is the main advisory body to the Board, however this will not happen with the non attendance of key members.

At this point in the meeting a discussion took place regarding the Partnership hosting a conference/event each year to raise awareness. Following on from the TAMHS event which was held in 2010, the feedback was that those who attended would like to see a similar event to take place each year. An event would be useful to raise awareness, build on current working partnerships and promote good pieces of work which are being done locally. There are pieces of funding which could be used to fund the event. Members were asked to bring any suggestions for an event to the next meeting.

Decision: **Janet Mackenzie to contact Dr Ward regarding the minutes of the MHLDIPG being tabled at the Partnership meetings.**
Members to bring any suggestions for a conference/event to the next meeting.
Membership suggestion document to be tabled at the next meeting.

5 Psychological Therapies

Issue: Update on progress

Discussion: It was noted that there is funding from NES to take this forward and some training courses have been planned.

Decision:

6. Mental Health Strategy Implementation Plan

Issue: Update on the progress of the plan.

Discussion: It was stated that there are some early deliverables which can be achieved. There is a pilot being set up with regard to technology and funding has been identified. The pilot is to set up videoconferencing links between the patients home and the health care professional. This would enable NHS staff to have regular contact with their patients. There have been discussions with IT regarding this and they are looking

into the possibility. This should be established by early March 2011 and will link in with the telehealth strategy. There may also be the ability to set up a social network for user groups to link in with each other. FAIRE telehealth technicians could support this pilot as they are already going into peoples homes and setting up telecare.

Also there have been discussions regarding training of Clisham staff and how to get them engaged in training.

There are also meetings with Alzheimer's Scotland regarding activities in the hospital and how they can be established and delivered. Activities could be delivered by their volunteers. Alzheimer's Scotland are struggling with volunteers at the moment but they will look into it.

Decision:

7. Towards a Mentally Flourishing Scotland: Policy & Action Plan 2009-2011

Issue: Update on the policy and action plan.

Discussion: Kenna MacInnes stated that there is no update at the moment.

Decision:

8. Mental Health Collaborative

Issue: Update on the progress of the Collaborative

Discussion: Anne Hutchison was unable to attend the meeting, therefore this item will be carried forward to the next meeting.

Decision:

9. ICPs

Issue: Update on the progress of the ICPs

Discussion: Anne Hutchison was unable to attend the meeting, therefore this item will be carried forward to the next meeting.

However Joan Tilley did stated that they are working on the operational polices and the patient pathway.

Decision:

10. Mental Health Occupational Therapy

Issue: Update on the service.

Discussion: The PDSA is being developed in line with the Mental Health Commission and it will flag any potential dementia diagnosis, there has been a lot of support from Anne Hutchison with regard to this piece of work.

There will be a national event in March to look at realising potential and how to support APH's locally.

AHP week will be held the week of the 21st February. The aim of the week will be to promote the work which is being done locally.

The Occupational Therapy team are currently working on a project with the Cearns Community Group regarding their polly tunnels, this is still in the planning stage.

Sonja Smit stated that she is the AHP Mental Health Lead for NHS Western Isles. There is a national meeting of all AHP leads on the 3rd February in Edinburgh, where the role and remit of the leads will be discussed and clarified. Sonja Smit

will report back to the Partnership on the discussions at the meeting. They will also be looking at the recommendations from the Realising Potential for AHPS document and there will be an action plan from the document. Once the action plan is agreed it will be circulated to the partnership.

**Decision: Sonja Smit to report back on the AHP Lead meeting.
AHP to be added as a standing agenda item.**

11. Draft – Psychiatric Emergency Plan

Issue: Update on the progress of the plan

Discussion: Joan Tilley stated that the group are meeting today to finalise the plan. The core document is completed; however updated policies are being added to the appendixes which have held the document back.

The document has not been distributed for consultation as yet.

Decision:

12. Child & Adolescent Mental Health Service (CAMHS)

Issue: Update on the service.

Discussion: It was stated that a paediatric review is being undertaken at the moment. Staff from NHS Greater Glasgow & Clyde have been meeting with staff locally they have been focusing on the paediatric ward and issues with regard to mental health in hospital services.

The CAMHS Team are currently looking at developing a website in conjunction with some pupils from the Nicolson Institute. The pupils are very enthused about this piece of work.

With regard to clients with Learning Disabilities there is a major gap and it is getting more and more complicated. The CAMHS Team are also seeing an increase in the number of children who are referred to them with a physical illness as well.

At the moment the team have been able to keep the waiting list down but this is getting difficult as they are receiving more referrals.

With regard to staffing the Community Mental Health worker post in Uist is still vacant. It was stated that Nigel Hobson has put this post on hold as he is reviewing the job description. Emelin Collier stated that there is funding for this post which has to be used before the end of the financial year, or it may be taken back by the Scottish Government. Half of the funding for the post is coming from the ADP, they may also want the finding back if it is not spent. The post could be filled quite easily. It was agreed that this post needs to be re-advertised as soon as possible.

Joan Tilley stated that the GPs in Uist & Barra are very keen for this post to be filled.

**Decision: Emelin Collier agreed to write to Nigel Hobson regarding this post.
Joan Tilley agreed to speak to the GPs in Uist & Barra to get their support.**

13. Suicide Prevention

Issue: Update on progress.

Discussion: Elaine Campbell stated that the HEAT target to have 50% of key frontline staff trained in suicide prevention skills by 2010 has been met. The training will continue to be rolled out for all staff.

The target to have suicides reduced by 20% by 2013 has been refreshed. There is now more emphasis on postvention and closer working with alcohol, drugs and self harm.

Elaine was commended on all her hard work to meet the targets.

At this point in the meeting at discussion was held regarding there being no representative from the Alcohol Drug Partnership on the Mental Health Partnership. Therefore it was agreed to invite Suzanne MacAulay, Substance Misuse Co-ordinator to attend.

Decision: Neil Lawrie to write to Suzanne MacAulay to invite her to join the Partnership.

14. Mental Health Implementation Review – 2nd November

Issue: Six monthly review with the Scottish Government regarding local Mental Health services.

Discussion: There has been no written response following the review. The review team has indicated that they would only be looking at statistics at the next meeting. It is difficult to quantify statistics as the data is only as good as what is inputted into the system. If that continues then the meetings will require different staff attending them. Should the review team also be looking at statistics from the voluntary sector?

The letter following the meeting should be tabled at the Partnership.

Decision:

15. Correspondence received

Issue: Budgets.

Discussion: Neil Lawrie has written to Gordon Jamieson regarding the Adult Support & Protection Act, 2008/2009 budget for training. Mr Lawrie has now been told that this is now going through the Board as an FOI, therefore he is waiting a response.

Decision:

16. Documents received

Issue:

Discussion: There were no documents received for discussion.

Decision:

17. Minutes of other meetings

17.1 Learning Disabilities Partnership

There was nothing for discussion.

17.2 WIAMH

Del Gunn handed out a sheet containing an update and figures on Catch 23 & WIAMH. Their attendance numbers keep raising. Mr Gunn stated that the committee are now looking into the

possibility of holding some form of 'drop in' in Harris. They are in discussions with Penumbra, the CPN's and Kathryn Chisholm, with regard to setting up a joint drop in centre. Debbie MacRae and Del Gunn have been invited to attend the GP Practice's meeting to discuss this further. There is a need for this in Harris, as some of the clients from Harris find it difficult to attend the drop in centre in Stornoway.

17.3 Older Adults Mental Health Forum

It was stated that the first meeting of the Older Adults Mental Health Forum has been set.

17.4 Older People's Partnership

There was nothing for discussion.

17.5 Inpatient Forum

There was nothing for discussion.

18. AOB

18.1 Tagsa Uibhist

Sheila MacDonald, Mental Health Outreach Worker, Tagsa Uibhist attended the Partnership and gave some background to her role. Ms MacDonald delivers a part time outreach service offering one to one support to people. Tagsa Uibhist would also like offer a drop in once a month, transport is also an issue for them. They are also looking at accessing isolated people and targeting them.

18.1 'See Me'

Johannes Parkennen from 'See Me' attending the Partnership. There will be a further meeting this afternoon which will discuss the project in more detail. See Me are keen to develop links with the Western Isles, they are looking at our issues and how they can be tackled.

18.2 Samaritans

It was noted that there is now no link with Samaritans, therefore it was agreed that Neil Lawrie would write to the Chair of Samaritans inviting them to attend.

Decision: Neil Lawrie to invite a representative from Samaritans to join the Partnership.

19. DATE OF NEXT MEETING

Date: Wednesday 2nd March 2011

Time: 9.30am

Venue: Meeting Room 2, NHS Western Isles Board Offices

END