

## Mental Health Partnership

# Minutes of Meeting

25<sup>th</sup> May 2011

Practical Room, Education Unit, Western Isles Hospital  
& Library, Uist & Barra Hospital

### Members Present

Neil Lawrie	Chair	Emelin Collier	Head of Planning
Del Gunn	Catch 23 Centre Manager	Debs Cruden	Penumbra Manager
Kathryn Chisholm	Mental Health Occupational Therapist	Kenna MacInnes	Senior Health Promotion Officer
Robbie Macdonald	Stornoway Police		
In attendance	Denise Symington, PFPI Development Officer		

### 1. APOLOGIES

Apologies were received from, Anne Hutchison, Elaine Campbell, Christine MacMillan, Sonja Smit, Steven Welsh, Paul Dundas, Isobel MacKenzie, Jim Ward, Karen Toovey, Debbie MacRae and Norrie MacRitchie.

### 2. APPROVAL OF MINUTES

The minutes of the last meeting were approved as an accurate record of that meeting by Emelin Collier and seconded by Del Gunn.

### 3. MATTERS ARISING

- 3.1** Issue: Learning Disabilities Partnership  
Discussion: Frances Daniels was not in attendance therefore there was no update. However the Chair stated that he received a telephone call from Dr Latham, where Dr Latham stated that he supports the comments Ms Daniels made at the last meeting regarding the Learning Disabilities Partnership and the lack of meetings.

#### Decision:

- 3.2** Issue: Mental Health Event.  
Discussion: At the last meeting it was proposed to hold an information evening for users/carers in June. However Ms Collier stated that Dr Ward is presenting a paper on Mental Health services to the Board in August. Therefore it was agreed to wait until September for the information evening as Dr Ward would be able to inform those

present of the future of Mental Health services and what the Board have agreed to implement.

**Decision:** Agreed to hold the information evening in September during Suicide Prevention Awareness Week.

#### 4. Action Points

Issue:

Discussion: There were no action points following the last meeting.

**Decision:**

#### 5 User and carers issues / concerns

Issue: How to engage with users/carers

Discussion: This item was discussed first.

At the last meeting a discussion took place regarding how to engage with users and carers and how enable them to attend the meetings. Denise Symington was invited to the meeting to help the Partnership engage with users and carers. Denise Symington stated that she has a list of a number of people who are interested in mental health planning and may be interested in attending the Partnership meetings. There is national guidance on how the NHS supports volunteers. Funding is required to support the volunteers to attend the meetings, this may be transport or cover to allow the carers to attend or child care costs. Volunteers very rarely call upon the budget but it needs to be in place. There is a small Partnership budget which could fund this, however part of the budget has already been committed. Volunteers could receive funding through the IReach Project, however this would have to be looked into depending on their requirements.

One option for the Partnership would be to formally recruit a lay member. This could be in conjunction with the Mental Health & Learning Disabilities Integrated Planning Group or specifically on our own. Someone from the Partnership would have to sit on the panel for the recruitment. The second option would be more of an informal process but references would still need to be sought.

Regardless of which option the Partnership agrees on the volunteer still needs a role descriptor, which would give an indication of why they are attending and what is required of them. The Partnership also need to think about confidentiality and whether or not the person would need a Disclosure check. The Partnership is not a clinical group therefore they may not need a Disclosure, however if they are required to report back to other groups/organisations they may need a Disclosure check. Those present feel that disclosure checks are not necessary. One of the main requirements of having a volunteer on the Partnership would be that they need to have a named support person to help them with anything else they need.

Del Gunn stated that he has spoken to some clients who may be interest in attending.

**Decision:** Denise Symington agreed to send Emelin Collier a short paper stating what the NHS requirements are for volunteers.

**6. Psychological Therapies**

Issue:

Discussion: There was no update.

**Decision:**

**7. Mental Health Strategy Implementation Plan**

Issue: Update on the status of the plan.

Discussion: Emelin Collier stated that Anne Hutchison is working on a Mental Health option appraisal paper which will be submitted to the Board meeting in August.

Mrs Collier stated that she is proceeding with the Telehealth project for the CPNs. Where the patient would have a device in their own home and the CPN's would also have a device and they would be able to connect with the patient on a daily basis. 15 clients have been identified to pilot the scheme. At the moment the costs and practicable aspects are being reviewed.

Alzheimer's Scotland are now going to join Dr Welsh at his Friday clinic, to provide information to patient/carers regarding their situation and offer them any support they need.

**Decision:**

**8. Towards a Mentally Flourishing Scotland: Policy & Action Plan 2009-2011**

Issue: Update on the progress of the policy and action plan

Discussion: Kenna MacInnes stated that she is attending a meeting on the 21<sup>st</sup> June with regard to the new policies and will report back to the Partnership.

**Decision:**

**9. ICPs**

Issue:

Discussion: There was no update.

**Decision:**

**10. Mental Health Occupational Therapy**

Issue: Update on the service.

Discussion: Kathryn Chisholm stated that she continues to receive an increasing number of referrals. With regard to the polly tunnels they are hoping to take clients there next month.

Feedback on the support OT staff has been very positive. The service is now able to offer support to activities such as the climbing wall and zumba dancing which has been well received.

Ms Chisholm has also been able to offer assessments to clients in Barra, which is progress.

**Decision:**

**11. AHP**

Issue:

Discussion: There was no update

**Decision:**

**12. Draft – Psychiatric Emergency Plan**

Issue: Update on the progress of the plan.

Discussion: As Joan Tilley was not in attendance therefore there was no update on the progress of the plan.

However at this point in the meeting Mr MacDonald stated that there has been an expectation put on the police with regard to sectioning. Therefore they are now requesting that they should be involved in the planning process when sectioning someone, this would enable them to plan and release the appropriate staff. Also they have been informed that in some documents the Police Station has been identified as a place of safety. This is not appropriate and should be rectified.

**Decision: Neil Lawrie agreed to write to Joan Tilley regarding this issue.**

**13. Child & Adolescent Mental Health Service (CAMHS)**

Issue: Update on the service.

Discussion: Emelin Collier stated that she has spoken to Gordon Jamieson, Chief Executive regarding the vacant post in Uist. The post was frozen to save money. Mr Jamieson requested that Mrs Collier present a paper to the Corporate Management Team (CMT) on the CAMH Service.

The Mental Health Implementation Review with the Scottish Government was held on Monday 23<sup>rd</sup> May. The review team did look at the CAMHS workforce and they commented on the change in the data, i.e. a post now not filled. It was agreed to review the situation as recruitment has not been easy. The Scottish Government wanted clarification that the funding was still available for the post, even though it had not been filled. There was no disagreement that the funding was not available, therefore Ms Collier could only assume that the funding is still in place.

At this point in the meeting Mr Lawrie stated that he has received a letter from the Chief Executive regarding the 2008 monies for Adult Protection. The £10,000 was put to the budget deficit. In the letter the Chief Executive did state that it is important that resources are deployed to the best effect and to what they are intended.

**Decision:**

**14. Suicide Prevention**

Issue: Update on any progress

Discussion: Elaine Campbell was unable to attend the meeting, however she did produce an update which will be circulated to members.

**Decision: Janet Mackenzie to circulate Elaine Campbell's paper to members.**

**15. Mental Health Implementation Review – 2<sup>nd</sup> November 2010**

Issue: Update on the review of 2<sup>nd</sup> November 2010

Discussion: Review letter was circulated with the papers. The next review took place on Monday 23<sup>rd</sup> May. The Scottish Government Review team only sent the letter in April which was not helpful and they were informed of the disappointment in receiving the letter late.

**Decision:**

**16. Correspondence received.**

Issue: Mental Health & Learning Disabilities Integrated Planning Group

Discussion: The Chair stated that he has received a letter from Jim Ward inviting him to attend the next meeting of the group and informing him of the dates of the meetings.

**Decision:**

**17. Documents received**

Issue:

Discussion: There were no documents received for discussion.

**Decision:**

**18. Minutes of other meetings:**

**18.1** Issue: Mental Health & Learning Disabilities Integrated Planning Group

Discussion: There were no minutes for discussion.

**Decision:**

**18.2** Issue: Learning Disabilities Partnership

Discussion: There were no minutes for discussion.

**Decision:**

**18.3** Issue: WIAMH

Discussion: There were no minutes for discussion.

**Decision:**

**18.4** Issue: Older Adults Mental Health Forum

Discussion: There were no minutes for discussion.

**Decision:**

**18.5** Issue: Older People's Partnership

Discussion: There were no minutes for discussion.

**Decision:**

**18.6** Issue: Inpatient Forum

Discussion: It was stated that Mike Hutchison is leading on this forum, however the group have still not met.

**Decision:** Neil Lawrie agreed to write to Mr Hutchison regarding this group.

**19. AOB**

There was no other business.

**20. DATE OF NEXT MEETING**

**Date:** Wednesday 6<sup>th</sup> July 2011

**Time:** 9.30am

**Venue:** Practical Room, Education Unit, Western Isles Hospital & Library, Uist & Barra Hospital

Apologies from Kathryn Chisholm for that meeting.

**END**