

NHS Western Isles Community Psychiatric Nursing Service

Access to the service

People can access the CPN service through:

- The consultant psychiatrist
- The GP
- The hospital in-patient service

Criteria

Direct referrals to the CPN service can be made for people who:

- Are diagnosed as having problems related to alcohol or substance abuse who also have a diagnosis of a mental illness
- Are diagnosed as having problems related to anxiety/phobia
- Are diagnosed as having dementia
- Are diagnosed as suffering from stress related disorders
- Have had previous contact with the CPN service and are having a relapse
- Have used the CPN service before and now want to refer themselves in line with a prior agreement with their CPN
- Have been the subject of a multi-agency planning meeting
- Have been diagnosed by their GP as having a psychiatric condition which requires specific nursing intervention

All other new referrals should go in the first instance to the consultant psychiatrist so that a first diagnosis can be made.

Referrals are made to the CPN team, not to individual CPNs